

Mark Vernon

Skeptiko 415



A SECRET HISTORY OF
CHRISTIANITY

*Jesus, the Last Inking, and the
Evolution of Consciousness*

MARK VERNON

COMING SOON - August 2019!



Skeptiko Topics:

Consciousness Science

Parapsychology

Near-Death Experience

Spirituality

Skeptics/Skepticism

Psi

Psychics & Mediums

Atheism

UFO

Neuroscience

Conspiracy Theories

Contactee Experience

OBE

1
00:00:09,320 --> 00:00:07,789
welcome to skeptical where we explore

2
00:00:12,169 --> 00:00:09,330
controversial science and spirituality

3
00:00:15,829 --> 00:00:12,179
with leading researchers thinkers and

4
00:00:18,400 --> 00:00:15,839
their critics today mark Vernon joins me

5
00:00:21,679 --> 00:00:18,410
his new book a secret history of

6
00:00:26,480 --> 00:00:21,689
Christianity here's some extended clips

7
00:00:27,980 --> 00:00:26,490
from the show who is Mark Vernon and why

8
00:00:30,589 --> 00:00:27,990
do you feel nervous when you're called

9
00:00:32,030 --> 00:00:30,599
the Christian yeah it's because the word

10
00:00:34,580 --> 00:00:32,040
Christian means so many different things

11
00:00:36,950 --> 00:00:34,590
it's also a big part of my own story and

12
00:00:38,750 --> 00:00:36,960
I used to be an Anglican priest and I

13
00:00:40,880 --> 00:00:38,760

left and I went through this kind of

14

00:00:43,220 --> 00:00:40,890

great searching phased agnostic phase

15

00:00:44,810 --> 00:00:43,230

that's when I discovered Socrates you

16

00:00:46,610 --> 00:00:44,820

know because you know one thing about

17

00:00:48,850 --> 00:00:46,620

Socrates is that he went around asking

18

00:00:53,080 --> 00:00:48,860

people questions

19

00:00:56,200 --> 00:00:53,090

but it's the kind of stuff that drives

20

00:01:00,420 --> 00:00:56,210

me nuts about the Christian worldview

21

00:01:03,819 --> 00:01:00,430

and how it gets overlaid on top of these

22

00:01:06,280 --> 00:01:03,829

important discussions the pivotal moment

23

00:01:10,840 --> 00:01:06,290

of human evolution was two millennia ago

24

00:01:14,590 --> 00:01:10,850

what hold on time out who says that

25

00:01:16,570 --> 00:01:14,600

according to WHO it's like this that is

26

00:01:18,670 --> 00:01:16,580

indefensible from our scientific

27

00:01:20,770 --> 00:01:18,680

understanding of history

28

00:01:22,870 --> 00:01:20,780

I'll think there is a kind of story that

29

00:01:24,670 --> 00:01:22,880

can be told and can actually be made to

30

00:01:26,700 --> 00:01:24,680

stack up as well it's not just like a

31

00:01:30,940 --> 00:01:26,710

Christian triumphalist claim and that

32

00:01:33,279 --> 00:01:30,950

the individual with a kind of microcosm

33

00:01:35,830 --> 00:01:33,289

that then can begin to feel it it

34

00:01:38,290 --> 00:01:35,840

mirrors the macrocosm and so knows the

35

00:01:40,740 --> 00:01:38,300

macrocosm in a different way a different

36

00:01:43,480 --> 00:01:40,750

kind of consciousness something

37

00:01:45,790 --> 00:01:43,490

crystallized around these centuries

38

00:01:49,600 --> 00:01:45,800

which we call you know the first century

39
00:01:51,999 --> 00:01:49,610
of AD for example something does seem to

40
00:01:54,520 --> 00:01:52,009
have evolved around them and and shaped

41
00:01:57,880 --> 00:01:54,530
not just the Western world and the

42
00:02:00,699 --> 00:01:57,890
eastern world was well can we bring back

43
00:02:03,240 --> 00:02:00,709
some knowledge from people who claimed

44
00:02:05,800 --> 00:02:03,250
to have entered these extended

45
00:02:08,109 --> 00:02:05,810
consciousness rooms yeah I mean I think

46
00:02:11,949 --> 00:02:08,119
that our task now is to relearn what

47
00:02:13,449 --> 00:02:11,959
Mystics of old have told us about and

48
00:02:15,520 --> 00:02:13,459
and it's a sort of in a way it's a

49
00:02:18,580 --> 00:02:15,530
democratizing process I think because

50
00:02:20,309 --> 00:02:18,590
you know a lot of mystics before and you

51
00:02:22,750 --> 00:02:20,319
know they were rather kind of a leap

52
00:02:24,369 --> 00:02:22,760
monks and nuns you know they went up

53
00:02:27,180 --> 00:02:24,379
into the Himalayan mountains for years

54
00:02:30,940 --> 00:02:27,190
on end or they lived in enclosed orders

55
00:02:33,160 --> 00:02:30,950
in Europe and that what we're in now is

56
00:02:35,410 --> 00:02:33,170
a much more general kind of spiritual

57
00:02:37,420 --> 00:02:35,420
revolution where all sorts of people are

58
00:02:40,180 --> 00:02:37,430
practicing these techniques but also

59
00:02:41,740 --> 00:02:40,190
bringing other experience to it as well

60
00:02:43,150 --> 00:02:41,750
whether it be thinking about end to the

61
00:02:47,440 --> 00:02:43,160
ease whether it be thinking about

62
00:02:50,199 --> 00:02:47,450
psychedelics my whole range of expertise

63
00:02:52,990 --> 00:02:50,209

for experimentation is going on here's

64

00:02:55,150 --> 00:02:53,000

my hunch at this point there are these

65

00:02:58,540 --> 00:02:55,160

multiple extended consciousness realms

66

00:03:01,090 --> 00:02:58,550

and they are the greater reality and we

67

00:03:02,500 --> 00:03:01,100

will always be limited from our reality

68

00:03:05,320 --> 00:03:02,510

because it's unless

69

00:03:07,180 --> 00:03:05,330

reality but maybe just to throw in some

70

00:03:09,729 --> 00:03:07,190

thoughts from what I've got from Dante's

71

00:03:12,460 --> 00:03:09,739

Divine Comedy because he goes through

72

00:03:15,369 --> 00:03:12,470

these you know three realms broadly

73

00:03:17,589 --> 00:03:15,379

speaking hell purgatory and paradise and

74

00:03:18,789 --> 00:03:17,599

in Harold was lost of trickster stuff

75

00:03:20,890 --> 00:03:18,799

going on

76

00:03:23,440 --> 00:03:20,900

there's actual sort of demons that he

77

00:03:24,970 --> 00:03:23,450

encounters but even the souls that he

78

00:03:26,619 --> 00:03:24,980

encounters down there he learns that

79

00:03:28,900 --> 00:03:26,629

actually they're telling him one thing

80

00:03:31,780 --> 00:03:28,910

but they're fooling him in another way

81

00:03:34,149 --> 00:03:31,790

as well and it's it's as he learns to

82

00:03:36,850 --> 00:03:34,159

discern that and that he's able then to

83

00:03:39,039 --> 00:03:36,860

move in the story to the next level

84

00:03:41,289 --> 00:03:39,049

which is the purgatorial level which is

85

00:03:43,990 --> 00:03:41,299

when is where he works much more on his

86

00:03:46,330 --> 00:03:44,000

own the purification if you like of his

87

00:03:49,030 --> 00:03:46,340

own and capacities to see and to

88

00:03:51,670 --> 00:03:49,040

understand and to discern and then when

89

00:03:53,559 --> 00:03:51,680

that is sort of good enough and he's

90

00:03:56,349 --> 00:03:53,569

able to move into the paradise but it

91

00:03:57,460 --> 00:03:56,359

doesn't stop in paradise either going up

92

00:04:00,099 --> 00:03:57,470

through the different spheres of

93

00:04:03,400 --> 00:04:00,109

paradise for Dante is a constant process

94

00:04:05,589 --> 00:04:03,410

of letting go what he thought had been

95

00:04:07,720 --> 00:04:05,599

the case before seeing it was a pale

96

00:04:10,710 --> 00:04:07,730

reflection just the kind of shadow or a

97

00:04:15,290 --> 00:04:10,720

working model of things in order to rise

98

00:04:15,300 --> 00:04:22,320

[Music]

99

00:04:27,820 --> 00:04:25,000

today I'm delighted to welcome mark

100

00:04:29,590 --> 00:04:27,830

Vernon back to skeptic oh he's got a new

101

00:04:33,280 --> 00:04:29,600

book coming out in a couple months a

102

00:04:34,840 --> 00:04:33,290

secret history of Christianity and he

103

00:04:36,070 --> 00:04:34,850

was nice enough to send me a review copy

104

00:04:38,830 --> 00:04:36,080

now the book

105

00:04:41,890 --> 00:04:38,840

you can't go order it right now but she

106

00:04:44,890 --> 00:04:41,900

can go pre-order it on Amazon which is

107

00:04:48,280 --> 00:04:44,900

nice but the great thing about Mark and

108

00:04:50,830 --> 00:04:48,290

the great thing about this book is man

109

00:04:53,470 --> 00:04:50,840

he's just has a way of talking about

110

00:04:56,770 --> 00:04:53,480

these topics that are important to me in

111

00:04:59,440 --> 00:04:56,780

a way that I just enjoy having a

112

00:05:00,850 --> 00:04:59,450

conversation about so he's written a

113

00:05:02,860 --> 00:05:00,860

bunch of other books he's been on the

114

00:05:05,110 --> 00:05:02,870

show before and I thought this was a

115

00:05:07,810 --> 00:05:05,120

great opportunity to have him back and

116

00:05:09,730 --> 00:05:07,820

talk about some of the topics that we're

117

00:05:14,440 --> 00:05:09,740

dealing with here in skeptic oh and get

118

00:05:17,469 --> 00:05:14,450

his take in particular his take relative

119

00:05:21,670 --> 00:05:17,479

to this research that he's done on a

120

00:05:24,610 --> 00:05:21,680

secret history of Christianity I should

121

00:05:27,460 --> 00:05:24,620

also mention that mark has a PhD in

122

00:05:29,440 --> 00:05:27,470

ancient philosophy and I was just asking

123

00:05:33,159 --> 00:05:29,450

him who's that over his shoulder and who

124

00:05:37,540 --> 00:05:33,169

did you tell me it is Socrates it is

125

00:05:39,520 --> 00:05:37,550

Socrates so the Greek great thinkers

126

00:05:41,500 --> 00:05:39,530

will pop up again and again probably in

127

00:05:45,340 --> 00:05:41,510

this dialogue and in the book mark is

128

00:05:47,140 --> 00:05:45,350

also the co-host of the Sheldrick vernon

129

00:05:49,210 --> 00:05:47,150

dialogues which is just outstanding

130

00:05:51,400 --> 00:05:49,220

we've talked about before on this show

131

00:05:54,010 --> 00:05:51,410

with of course featuring Rupert

132

00:05:57,250 --> 00:05:54,020

Sheldrake he's also a professional

133

00:05:58,830 --> 00:05:57,260

psychotherapist and along with working

134

00:06:02,800 --> 00:05:58,840

with individual clients there in London

135

00:06:05,110 --> 00:06:02,810

he also serves his community with this

136

00:06:07,810 --> 00:06:05,120

great volunteer work in that area too

137

00:06:09,600 --> 00:06:07,820

and that's certainly not only you're to

138

00:06:12,580 --> 00:06:09,610

be commended for but I think it just

139

00:06:14,650 --> 00:06:12,590

rounds out the person that people will

140

00:06:18,070 --> 00:06:14,660

know you to be and find you to be in

141

00:06:20,770 --> 00:06:18,080

terms of truly this person who's engaged

142

00:06:23,710 --> 00:06:20,780

with larger spiritual community and what

143

00:06:25,869 --> 00:06:23,720

that means so mark welcome back to

144

00:06:27,369 --> 00:06:25,879

skeptical thanks so much for joining me

145

00:06:28,869 --> 00:06:27,379

yeah well thanks Alex it's really nice

146

00:06:31,779 --> 00:06:28,879

to be back I very much enjoy your show

147

00:06:33,519 --> 00:06:31,789

so it's great to contribute well it is a

148

00:06:35,279 --> 00:06:33,529

contribution you know the last time you

149

00:06:38,739 --> 00:06:35,289

were on I titled this show is

150

00:06:41,949 --> 00:06:38,749

Christianity worth saving so that will

151
00:06:43,719 --> 00:06:41,959
just give people a sense for how you're

152
00:06:45,699 --> 00:06:43,729
willing to go there and that's one of

153
00:06:47,909 --> 00:06:45,709
the things I really appreciate is that

154
00:06:50,769 --> 00:06:47,919
we can have these kind of discussions

155
00:06:53,109 --> 00:06:50,779
much-needed discussions even though they

156
00:06:55,119 --> 00:06:53,119
don't necessarily jive with where we're

157
00:06:58,299 --> 00:06:55,129
coming from it's just great to get

158
00:07:01,649 --> 00:06:58,309
intelligent people to contribute to this

159
00:07:06,609 --> 00:07:01,659
dialogue that I'm trying to have so

160
00:07:08,019 --> 00:07:06,619
awesome awesome stuff let's see where to

161
00:07:11,589 --> 00:07:08,029
start you know where I thought we'd

162
00:07:14,589 --> 00:07:11,599
start is I love this quote for you and

163
00:07:17,859 --> 00:07:14,599

the larger question is who is Mark

164

00:07:22,029 --> 00:07:17,869

Vernon and then why do you feel nervous

165

00:07:24,219 --> 00:07:22,039

when you're called the Christian it's

166

00:07:27,399 --> 00:07:24,229

because the word Christian means so many

167

00:07:29,679 --> 00:07:27,409

different things and I'm not sure if I

168

00:07:31,600 --> 00:07:29,689

want to be labeled with the thing that

169

00:07:33,879 --> 00:07:31,610

I'm being labeled with when the work of

170

00:07:35,319 --> 00:07:33,889

Christian pops up but it's also a big

171

00:07:37,899 --> 00:07:35,329

part of my own story you know I used to

172

00:07:41,889 --> 00:07:37,909

be an Anglican priest in the Church of

173

00:07:43,299 --> 00:07:41,899

England that is and at my left and I

174

00:07:45,129 --> 00:07:43,309

went through this kind of great

175

00:07:47,469 --> 00:07:45,139

searching phase the agnostic phase

176

00:07:49,089 --> 00:07:47,479

that's when I discovered Socrates you

177

00:07:50,859 --> 00:07:49,099

know because you know one thing about

178

00:07:53,079 --> 00:07:50,869

Socrates is that he went around asking

179

00:07:54,999 --> 00:07:53,089

people questions how do you know what

180

00:07:58,659 --> 00:07:55,009

friendship is had you know what courage

181

00:08:00,249 --> 00:07:58,669

is and so on the psychotherapy was

182

00:08:03,159 --> 00:08:00,259

really important too because that was a

183

00:08:05,469 --> 00:08:03,169

big intensive period of personal work

184

00:08:07,839 --> 00:08:05,479

and I got that very much from Plato as

185

00:08:09,489 --> 00:08:07,849

well actually that who you are as a

186

00:08:11,980 --> 00:08:09,499

person and the work you're doing on

187

00:08:14,649 --> 00:08:11,990

yourself as an individual completely

188

00:08:16,629 --> 00:08:14,659

shapes what you can perceive and see of

189

00:08:19,149 --> 00:08:16,639

the world around you as well as your own

190

00:08:22,239 --> 00:08:19,159

inner life you know knowledge and virtue

191

00:08:23,739 --> 00:08:22,249

and desire and will in the ancient world

192

00:08:25,959 --> 00:08:23,749

these things were all completely knitted

193

00:08:28,389 --> 00:08:25,969

together and so I learned that very much

194

00:08:30,009 --> 00:08:28,399

from that process and you know I've

195

00:08:31,779 --> 00:08:30,019

written this book now a secret history

196

00:08:34,360 --> 00:08:31,789

of Christianity is partly to try and put

197

00:08:36,819 --> 00:08:34,370

Christianity sort of to bed does it work

198

00:08:39,090 --> 00:08:36,829

for me once and for all who knows

199

00:08:41,430 --> 00:08:39,100

whether it would have done it but you

200

00:08:42,810 --> 00:08:41,440

it's really Christianity isn't it I mean

201
00:08:44,040 --> 00:08:42,820
you often talk about you've entered a

202
00:08:46,920 --> 00:08:44,050
local Christianity and that's what

203
00:08:48,060 --> 00:08:46,930
mystical Christianity and there's in

204
00:08:50,000 --> 00:08:48,070
this country that this very kind of

205
00:08:52,800 --> 00:08:50,010
established state kind of Christianity

206
00:08:56,250 --> 00:08:52,810
as Christianity of the you know

207
00:08:57,570 --> 00:08:56,260
different parts of the world so what are

208
00:09:00,510 --> 00:08:57,580
you calling me when you're calling me a

209
00:09:01,380 --> 00:09:00,520
Christian I guess I think right well

210
00:09:04,710 --> 00:09:01,390
that would make anyone nervous

211
00:09:06,630 --> 00:09:04,720
especially the you know I also think

212
00:09:09,240 --> 00:09:06,640
it's interesting when you touched on the

213
00:09:12,330 --> 00:09:09,250

psychotherapy because in looking over

214

00:09:15,570 --> 00:09:12,340

your website it just kind of clicked for

215

00:09:18,870 --> 00:09:15,580

me that it would be interesting to sit

216

00:09:23,340 --> 00:09:18,880

across from you I think and engage in

217

00:09:26,040 --> 00:09:23,350

that kind of open forum where stuff is

218

00:09:27,870 --> 00:09:26,050

coming up for me to talk a little bit if

219

00:09:32,040 --> 00:09:27,880

you will about your philosophy about

220

00:09:35,040 --> 00:09:32,050

what that process is like for the people

221

00:09:36,780 --> 00:09:35,050

who enter that space with you why does

222

00:09:38,850 --> 00:09:36,790

it why does it work

223

00:09:41,760 --> 00:09:38,860

why don't you alluded to it but why does

224

00:09:45,240 --> 00:09:41,770

it work do you think well I guess it's

225

00:09:47,520 --> 00:09:45,250

because we are were creatures were

226

00:09:50,250 --> 00:09:47,530

beings that operate at many levels at

227

00:09:52,800 --> 00:09:50,260

the same time but I guess that

228

00:09:54,510 --> 00:09:52,810

particular when things go wrong in life

229

00:09:57,480 --> 00:09:54,520

or at least not as well as they might do

230

00:09:59,160 --> 00:09:57,490

we tend to get stuck at one particular

231

00:10:01,350 --> 00:09:59,170

level and maybe it's their most

232

00:10:04,500 --> 00:10:01,360

immediate the most literal the most

233

00:10:06,000 --> 00:10:04,510

empirical kind of level and people

234

00:10:09,180 --> 00:10:06,010

couldn't lose touch with different

235

00:10:10,830 --> 00:10:09,190

levels of themselves um it might be the

236

00:10:15,180 --> 00:10:10,840

levels that come out of their own

237

00:10:17,250 --> 00:10:15,190

personal past the developmental side you

238

00:10:19,110 --> 00:10:17,260

know make an obvious example it would be

239

00:10:21,930 --> 00:10:19,120

some kind of trauma that feels too much

240

00:10:24,570 --> 00:10:21,940

to live with and so get it gets blocked

241

00:10:26,130 --> 00:10:24,580

off but the trouble with that is that

242

00:10:28,980 --> 00:10:26,140

you're blocking yourself off from a part

243

00:10:31,410 --> 00:10:28,990

of your life as well so it causes

244

00:10:34,020 --> 00:10:31,420

problems it makes life your limited and

245

00:10:36,630 --> 00:10:34,030

but also the more transpersonal sites do

246

00:10:37,920 --> 00:10:36,640

I think that were spiritual beings

247

00:10:41,100 --> 00:10:37,930

whatever that might mean

248

00:10:43,410 --> 00:10:41,110

I mean somewhere or other so having

249

00:10:45,420 --> 00:10:43,420

better access to that too can also come

250

00:10:47,450 --> 00:10:45,430

in through psychotherapy and

251

00:10:49,680 --> 00:10:47,460

psychotherapy does it I think it's

252

00:10:53,370 --> 00:10:49,690

increasingly think of it as a sort of

253

00:10:55,350 --> 00:10:53,380

hypnosis in the sense

254

00:10:58,710 --> 00:10:55,360

the kind of where I worked normally

255

00:11:01,560 --> 00:10:58,720

anyway is that someone comes at the same

256

00:11:04,290 --> 00:11:01,570

time each free to the same room

257

00:11:05,940 --> 00:11:04,300

very little externally changes and it

258

00:11:07,170 --> 00:11:05,950

just allows a kind of shift of

259

00:11:09,690 --> 00:11:07,180

consciousness a dropping of

260

00:11:12,660 --> 00:11:09,700

consciousness so that more immediate

261

00:11:14,730 --> 00:11:12,670

level becomes less important and that in

262

00:11:17,670 --> 00:11:14,740

itself allows other levels that could

263

00:11:20,490 --> 00:11:17,680

come to the surface over time I love

264

00:11:24,150 --> 00:11:20,500

that expanded view and I think it's

265

00:11:26,130 --> 00:11:24,160

awesome and it feeds into kind of one of

266

00:11:27,780 --> 00:11:26,140

the main points I obviously want to

267

00:11:29,760 --> 00:11:27,790

bring to the table right from the

268

00:11:31,380 --> 00:11:29,770

beginning is this whole idea of

269

00:11:34,560 --> 00:11:31,390

consciousness because the topic has

270

00:11:37,710 --> 00:11:34,570

already touched us a couple of times and

271

00:11:39,720 --> 00:11:37,720

it's addressed directly in your book I

272

00:11:43,200 --> 00:11:39,730

mean the subtitle of your book refers to

273

00:11:45,780 --> 00:11:43,210

the evolution of consciousness so I

274

00:11:48,720 --> 00:11:45,790

wanted to take one step back from that

275

00:11:51,990 --> 00:11:48,730

and maybe just ask you what is your

276

00:11:54,060 --> 00:11:52,000

understanding of consciousness the

277

00:11:59,820 --> 00:11:54,070

nature of consciousness this is

278

00:12:02,190 --> 00:11:59,830

obviously a very prescient topic to to

279

00:12:04,140 --> 00:12:02,200

me on skeptic oh also in the Sheldrick

280

00:12:06,300 --> 00:12:04,150

Virna dialogues that you guys do you

281

00:12:08,550 --> 00:12:06,310

know Rupert Sheldrake has been one of

282

00:12:11,070 --> 00:12:08,560

the leaders within the scientific

283

00:12:13,850 --> 00:12:11,080

community to raise his hand and say hey

284

00:12:16,740 --> 00:12:13,860

guys I think our lack of understanding

285

00:12:21,060 --> 00:12:16,750

justness may be getting in the way of

286

00:12:23,370 --> 00:12:21,070

what we're calling science so what is

287

00:12:30,540 --> 00:12:23,380

your understanding of the nature of

288

00:12:32,970 --> 00:12:30,550

consciousness at this point uses phrase

289

00:12:36,510 --> 00:12:32,980

the evolution of consciousness it really

290

00:12:38,250 --> 00:12:36,520

means the perception that we have of

291

00:12:40,530 --> 00:12:38,260

what it is to be human

292

00:12:42,570 --> 00:12:40,540

suppose our personal perception our

293

00:12:44,790 --> 00:12:42,580

sense of our relationship to others of

294

00:12:47,760 --> 00:12:44,800

section of our relationship to nature to

295

00:12:52,290 --> 00:12:47,770

the cosmos to the divine you know to the

296

00:12:54,120 --> 00:12:52,300

spiritual world and I'm drawing a lot on

297

00:12:56,490 --> 00:12:54,130

the ideas of a chap called Owen Barfield

298

00:12:58,680 --> 00:12:56,500

in the book who was one of the Oxford

299

00:13:01,710 --> 00:12:58,690

Inklings so he was a great friend with

300

00:13:03,420 --> 00:13:01,720

CS Lewis and JR Tolkien and both Lewis

301
00:13:06,180 --> 00:13:03,430
and Tolkien said that Barfield had the

302
00:13:08,010 --> 00:13:06,190
best ideas about this subject

303
00:13:10,500 --> 00:13:08,020
but Lewisohn talking and no different

304
00:13:12,450 --> 00:13:10,510
ways were very great writers and so they

305
00:13:14,190 --> 00:13:12,460
were able to build it into their their

306
00:13:15,780 --> 00:13:14,200
writing and both fields a bit white

307
00:13:17,700 --> 00:13:15,790
blood as well but he's a bit more of a

308
00:13:20,390 --> 00:13:17,710
gritty writer and in some ways I'm

309
00:13:23,040 --> 00:13:20,400
trying to open up his ideas in my book

310
00:13:24,930 --> 00:13:23,050
but his idea was that our modern

311
00:13:26,940 --> 00:13:24,940
consciousness in the sense of this

312
00:13:30,510 --> 00:13:26,950
modern sense of what how we feel who we

313
00:13:33,180 --> 00:13:30,520

feel we are how we perceived life has a

314

00:13:35,070 --> 00:13:33,190

kind of history and if it's changed it's

315

00:13:38,220 --> 00:13:35,080

evolved particularly over the last two

316

00:13:40,110 --> 00:13:38,230

or three thousand years and it's trying

317

00:13:42,090 --> 00:13:40,120

to understand something of that and

318

00:13:44,610 --> 00:13:42,100

particularly well the Christianity is

319

00:13:47,940 --> 00:13:44,620

played in that that I found very

320

00:13:51,870 --> 00:13:47,950

illuminating and I try to unpack that in

321

00:13:56,850 --> 00:13:51,880

the book well we are gonna unpack it

322

00:14:00,180 --> 00:13:56,860

here don't you worry because I have some

323

00:14:02,490 --> 00:14:00,190

questions issues with that but I want to

324

00:14:06,300 --> 00:14:02,500

get there kind of from a little bit of a

325

00:14:09,510 --> 00:14:06,310

roundabout way first off I think it's

326

00:14:11,340 --> 00:14:09,520

important that maybe you and I we're

327

00:14:13,230 --> 00:14:11,350

definitely in the same camp you know I

328

00:14:14,940 --> 00:14:13,240

consider maybe when we're going to talk

329

00:14:17,610 --> 00:14:14,950

about Christianity I may be in the loyal

330

00:14:19,680 --> 00:14:17,620

opposition part of this thing where I am

331

00:14:22,200 --> 00:14:19,690

so much in agreement and so appreciate

332

00:14:24,330 --> 00:14:22,210

the dialogue the conversation that

333

00:14:26,160 --> 00:14:24,340

you're bringing which is much needed yet

334

00:14:28,550 --> 00:14:26,170

I have reservations about some of the

335

00:14:31,650 --> 00:14:28,560

points and I guess I'd start with this

336

00:14:34,740 --> 00:14:31,660

materialism is baloney as my friend dr.

337

00:14:37,710 --> 00:14:34,750

Bernardo Kastrup would say and I think

338

00:14:39,390 --> 00:14:37,720

it's important to pull this out and just

339

00:14:41,940 --> 00:14:39,400

pound it although I certainly do a lot

340

00:14:45,060 --> 00:14:41,950

of it is that we are enmeshed in a

341

00:14:47,460 --> 00:14:45,070

culture in a scientific culture that

342

00:14:49,829 --> 00:14:47,470

completely denies that consciousness

343

00:14:51,630 --> 00:14:49,839

even exists you know I just had an

344

00:14:54,300 --> 00:14:51,640

interview with the very excellent

345

00:14:56,520 --> 00:14:54,310

philosopher dr. Philip Goff was there in

346

00:14:59,010 --> 00:14:56,530

the UK and you may know him but he's

347

00:15:01,920 --> 00:14:59,020

been kind of trying to lead the charge

348

00:15:06,329 --> 00:15:01,930

and hey you know materialism really

349

00:15:07,500 --> 00:15:06,339

isn't so it isn't the way that it is but

350

00:15:08,550 --> 00:15:07,510

when we started to have this

351

00:15:10,530 --> 00:15:08,560

conversation because you know

352

00:15:12,570 --> 00:15:10,540

neuroscience isn't really married to

353

00:15:13,920 --> 00:15:12,580

this idea of materialism it isn't

354

00:15:16,590 --> 00:15:13,930

married to this you are a biological

355

00:15:18,670 --> 00:15:16,600

robot in a meaningless universe and I

356

00:15:20,769 --> 00:15:18,680

had to call him on it and say what

357

00:15:22,210 --> 00:15:20,779

neuroscience are you reading what part

358

00:15:24,160 --> 00:15:22,220

of science are you reading and we

359

00:15:26,199 --> 00:15:24,170

actually pulled up the Wikipedia entry

360

00:15:28,059 --> 00:15:26,209

for neuroscience and he had to admit

361

00:15:30,790 --> 00:15:28,069

yeah well I guess that is still the

362

00:15:32,619 --> 00:15:30,800

official position and it's not enough

363

00:15:35,199 --> 00:15:32,629

people are doing what my friend here

364

00:15:39,280 --> 00:15:35,209

Bernardo Kastrup is doing is saying this

365

00:15:42,489 --> 00:15:39,290

is so intellectually ridiculous that we

366

00:15:43,569 --> 00:15:42,499

can't even fully comprehend how people

367

00:15:45,579 --> 00:15:43,579

who are supposed to be the leading

368

00:15:47,710 --> 00:15:45,589

science figures you know the Neil

369

00:15:49,540 --> 00:15:47,720

deGrasse Tyson and stuff like that when

370

00:15:51,579 --> 00:15:49,550

they're asked about consciousness they

371

00:15:54,040 --> 00:15:51,589

say and I have the quote and I played it

372

00:15:55,210 --> 00:15:54,050

last time I suspect that we'll find it

373

00:15:58,509 --> 00:15:55,220

doesn't exist

374

00:16:00,699 --> 00:15:58,519

I mean how absurd is this to say we are

375

00:16:03,549 --> 00:16:00,709

my consciousness is connecting with your

376

00:16:07,090 --> 00:16:03,559

consciousness that is inescapable and

377

00:16:10,559 --> 00:16:07,100

yet we are a mesh in this scientific

378

00:16:14,410 --> 00:16:10,569

culture that is telling us that

379

00:16:18,429 --> 00:16:14,420

consciousness is an epiphenomena brain

380

00:16:20,619 --> 00:16:18,439

so two parts to that question I guess

381

00:16:22,900 --> 00:16:20,629

how far do you feel like you need to

382

00:16:25,929 --> 00:16:22,910

distance yourself from that

383

00:16:30,189 --> 00:16:25,939

understanding of consciousness and then

384

00:16:32,169 --> 00:16:30,199

secondly why do you think that persists

385

00:16:34,900 --> 00:16:32,179

when you know Ruppert will tell you it's

386

00:16:37,210 --> 00:16:34,910

complete baloney all these other people

387

00:16:41,110 --> 00:16:37,220

tell you complete baloney why does it

388

00:16:42,790 --> 00:16:41,120

persist two-part question yeah well I've

389

00:16:46,030 --> 00:16:42,800

kind of with you and with Bernadette

390

00:16:48,340 --> 00:16:46,040

strip as well you know consciousness is

391

00:16:50,199 --> 00:16:48,350

the nearest thing to us if me if you get

392

00:16:52,090 --> 00:16:50,209

rid of the nearest thing to us then the

393

00:16:54,610 --> 00:16:52,100

rest of the world drops away as well

394

00:16:59,739 --> 00:16:54,620

it just seems bizarre and odd to me that

395

00:17:01,650 --> 00:16:59,749

that moves even be made but um barbar

396

00:17:04,240 --> 00:17:01,660

field actually has a bit of an answer

397

00:17:07,389 --> 00:17:04,250

indirectly as to why we might find

398

00:17:10,299 --> 00:17:07,399

ourselves in this stage now and because

399

00:17:13,179 --> 00:17:10,309

his his sense of how consciousness in

400

00:17:16,689 --> 00:17:13,189

the sense of our perceptions how that

401
00:17:19,149 --> 00:17:16,699
evolves it's the go through cycles where

402
00:17:22,689 --> 00:17:19,159
we feel alienated from the world around

403
00:17:26,829 --> 00:17:22,699
us he thought that a cycle of alienation

404
00:17:29,139 --> 00:17:26,839
began in the period sometimes for what's

405
00:17:32,409 --> 00:17:29,149
known as the axial age you know from

406
00:17:34,239 --> 00:17:32,419
about 500 or so BC to around

407
00:17:36,609 --> 00:17:34,249
time of the emergence of Christianity

408
00:17:39,669 --> 00:17:36,619
and that was a kind of one sort of

409
00:17:41,739 --> 00:17:39,679
alienation but we've embarked on a new

410
00:17:44,259 --> 00:17:41,749
kind of alienation now

411
00:17:46,149 --> 00:17:44,269
which arises from the Scientific

412
00:17:48,039 --> 00:17:46,159
Revolution so-called the Enlightenment

413
00:17:49,450 --> 00:17:48,049

the Reformation if naturally as well I

414

00:17:54,070 --> 00:17:49,460

think these will all had a big impact

415

00:17:56,560 --> 00:17:54,080

and whilst and that alienation causes us

416

00:17:59,529 --> 00:17:56,570

to feel disconnected from the world to

417

00:18:01,450 --> 00:17:59,539

such an extent that now we can do things

418

00:18:03,909 --> 00:18:01,460

that even a hundred years ago would have

419

00:18:06,789 --> 00:18:03,919

been almost impossible to imagine and

420

00:18:08,409 --> 00:18:06,799

not just I think you know some people

421

00:18:09,789 --> 00:18:08,419

can go around saying that consciousness

422

00:18:11,799 --> 00:18:09,799

is an epic phenomenon doesn't maybe

423

00:18:14,560 --> 00:18:11,809

doesn't even exist I think also the same

424

00:18:16,330 --> 00:18:14,570

about and the divine actually you know

425

00:18:19,330 --> 00:18:16,340

that it's only pretty recently really

426

00:18:21,310 --> 00:18:19,340

that full-blown atheism in the holistic

427

00:18:23,139 --> 00:18:21,320

sense has been possible you know

428

00:18:25,720 --> 00:18:23,149

Nietzsche famously Flings it up with

429

00:18:28,029 --> 00:18:25,730

their death of God but our field said

430

00:18:31,090 --> 00:18:28,039

there's a meaning to that as well which

431

00:18:34,239 --> 00:18:31,100

is that it causes us to withdraw into

432

00:18:35,769 --> 00:18:34,249

ourselves and to go for the struggle of

433

00:18:40,180 --> 00:18:35,779

trying to develop our own inferiority

434

00:18:43,659 --> 00:18:40,190

and it's so sort of upside of this in a

435

00:18:45,999 --> 00:18:43,669

way is the for example we nowadays value

436

00:18:47,919 --> 00:18:46,009

the individual perhaps more than any

437

00:18:49,960 --> 00:18:47,929

other time in history you know men and

438

00:18:53,409 --> 00:18:49,970

women and all sorts of varieties of

439

00:18:55,720 --> 00:18:53,419

individual people we now absolutely take

440

00:18:58,149 --> 00:18:55,730

it as wanted that sort of sovereignty of

441

00:19:00,639 --> 00:18:58,159

the individual and however we try and

442

00:19:03,970 --> 00:19:00,649

work that out that that weren't really I

443

00:19:06,669 --> 00:19:03,980

can go but it leaves us with the sense

444

00:19:08,919 --> 00:19:06,679

of detachment and so the sort of the

445

00:19:11,169 --> 00:19:08,929

third bit was the withdrawal does the

446

00:19:13,119 --> 00:19:11,179

development of the interior life but

447

00:19:14,889 --> 00:19:13,129

then the third piece which Barfield felt

448

00:19:16,479 --> 00:19:14,899

we were beginning to embark on now and

449

00:19:18,789 --> 00:19:16,489

maybe the people like Kastrup and others

450

00:19:19,599 --> 00:19:18,799

are beginning to take us back in that

451
00:19:21,849 --> 00:19:19,609
direction

452
00:19:23,979 --> 00:19:21,859
it's a reconnection with the world

453
00:19:26,769 --> 00:19:23,989
around us but with the added advantage

454
00:19:28,599 --> 00:19:26,779
of our own inferiority which means that

455
00:19:31,060 --> 00:19:28,609
we can discern it that much better we

456
00:19:32,859 --> 00:19:31,070
can embark batted back into the world

457
00:19:35,139 --> 00:19:32,869
around us with with freewill with

458
00:19:37,119 --> 00:19:35,149
conscience and responsibility so it's

459
00:19:39,249 --> 00:19:37,129
the kind of spiral of alienation and

460
00:19:41,320 --> 00:19:39,259
reconnection but that takes us upwards

461
00:19:45,070 --> 00:19:41,330
and it's part of our evolution part of

462
00:19:46,360 --> 00:19:45,080
our development so it's got a down side

463
00:19:47,680 --> 00:19:46,370

and it can even

464

00:19:49,930 --> 00:19:47,690

become a kind of reductio ad absurdum

465

00:19:54,610 --> 00:19:49,940

like there's no consciousness that's all

466

00:19:56,500 --> 00:19:54,620

ah um overall Barfield and i think you

467

00:19:58,930 --> 00:19:56,510

can find signs in our culture now that

468

00:20:00,279 --> 00:19:58,940

maybe there's a kind of return that are

469

00:20:03,880 --> 00:20:00,289

returned with difference and that

470

00:20:06,490 --> 00:20:03,890

difference is a kind of progressive kind

471

00:20:12,970 --> 00:20:06,500

of development I think if that makes any

472

00:20:15,549 --> 00:20:12,980

sense it doesn't it doesn't because and

473

00:20:18,519 --> 00:20:15,559

I gotta just kind of take off as if I

474

00:20:22,389 --> 00:20:18,529

had any kid gloves on but it's the kind

475

00:20:24,789 --> 00:20:22,399

of stuff that drives me nuts about the

476

00:20:28,779 --> 00:20:24,799

Christian worldview and how it gets

477

00:20:30,490 --> 00:20:28,789

overlaid on top of these important

478

00:20:32,769 --> 00:20:30,500

discussions we're trying to have about

479

00:20:34,560 --> 00:20:32,779

what is the nature of consciousness what

480

00:20:36,820 --> 00:20:34,570

is the nature of this extended

481

00:20:38,350 --> 00:20:36,830

transcendental consciousness that Christ

482

00:20:39,760 --> 00:20:38,360

consciousness is talking about the

483

00:20:42,220 --> 00:20:39,770

chapter in your book and we're gonna get

484

00:20:45,220 --> 00:20:42,230

to in a minute I mean here's the quote

485

00:20:46,960 --> 00:20:45,230

you mentioned oh na Barfield who is the

486

00:20:49,450 --> 00:20:46,970

grandson but do you get the idea the

487

00:20:52,419 --> 00:20:49,460

experience of being alive evolves the

488

00:20:55,870 --> 00:20:52,429

pivotal moment of human evolution was

489

00:20:59,980 --> 00:20:55,880

two millennia ago what hold on timeout

490

00:21:02,980 --> 00:20:59,990

who says that according to WHO it's like

491

00:21:06,120 --> 00:21:02,990

this that is indefensible from our

492

00:21:08,289 --> 00:21:06,130

scientific understanding of history like

493

00:21:10,269 --> 00:21:08,299

archaeology anthropology history books

494

00:21:12,370 --> 00:21:10,279

there we don't have any we can't point

495

00:21:14,529 --> 00:21:12,380

to two thousand years ago and say oh

496

00:21:16,630 --> 00:21:14,539

wait historically we have all this

497

00:21:18,820 --> 00:21:16,640

evidence that lines up that everything

498

00:21:20,380 --> 00:21:18,830

changed yet this is a thing you'll hear

499

00:21:21,909 --> 00:21:20,390

over and over again from Christians is

500

00:21:23,769 --> 00:21:21,919

that this was a pivotal point in history

501
00:21:26,529 --> 00:21:23,779
and then they breeze by it like it's

502
00:21:29,590 --> 00:21:26,539
true they's breeze by it like it's

503
00:21:31,120 --> 00:21:29,600
somehow true historically or they allude

504
00:21:33,220 --> 00:21:31,130
to the fact that it's somehow true

505
00:21:35,200 --> 00:21:33,230
spiritually and I challenge that too

506
00:21:38,190 --> 00:21:35,210
okay show me how the Buddha fits into

507
00:21:40,840 --> 00:21:38,200
that show me how all the other great

508
00:21:43,299 --> 00:21:40,850
spiritual truths that have come from

509
00:21:45,850 --> 00:21:43,309
great spiritual minds before and after

510
00:21:47,710 --> 00:21:45,860
tell me how that fits in with this idea

511
00:21:49,690 --> 00:21:47,720
that this was this pivotal moment this

512
00:21:53,799 --> 00:21:49,700
moment we know almost nothing about

513
00:21:55,510 --> 00:21:53,809

historically why that was so pivotal and

514

00:21:59,649 --> 00:21:55,520

my guess my real frustration that you're

515

00:22:00,240 --> 00:21:59,659

hearing here is that it just slides off

516

00:22:02,640 --> 00:22:00,250

the tongue

517

00:22:04,710 --> 00:22:02,650

so easily for folks who have been

518

00:22:06,779 --> 00:22:04,720

indoctrinated into this Christian

519

00:22:09,120 --> 00:22:06,789

worldview and are talking primarily to

520

00:22:11,399 --> 00:22:09,130

other Christians who just nod their head

521

00:22:16,560 --> 00:22:11,409

and go along with it as if it's you know

522

00:22:18,690 --> 00:22:16,570

okay to say that kind of stuff this is

523

00:22:21,289 --> 00:22:18,700

unpacking and I do I hear what you're

524

00:22:31,649 --> 00:22:26,370

broadly speaking I dia is that evolution

525

00:22:33,840 --> 00:22:31,659

is as Darwinian evolution is of where

526

00:22:35,789 --> 00:22:33,850

one part of the story

527

00:22:37,950 --> 00:22:35,799

it's the materialist part of the story

528

00:22:39,649 --> 00:22:37,960

if you like you know through natural

529

00:22:42,720 --> 00:22:39,659

selection sexual selection all the other

530

00:22:45,299 --> 00:22:42,730

mechanisms that that are described

531

00:22:48,750 --> 00:22:45,309

increasingly by evolution science and

532

00:22:51,090 --> 00:22:48,760

but people like Barfield and and also he

533

00:22:54,120 --> 00:22:51,100

was very influenced by other thinkers

534

00:22:58,260 --> 00:22:54,130

like Rudolf Steiner they've made the

535

00:23:01,049 --> 00:22:58,270

point that that's just a positivistic

536

00:23:03,990 --> 00:23:01,059

notion of evolution it's the kind of

537

00:23:06,270 --> 00:23:04,000

materialist notion of evolution and if

538

00:23:08,279 --> 00:23:06,280

we are conscious beings which we are if

539

00:23:10,010 --> 00:23:08,289

we're spiritual beings with capacities

540

00:23:12,810 --> 00:23:10,020

for extending consciousness which we are

541

00:23:14,460 --> 00:23:12,820

in a way the next piece of the

542

00:23:16,380 --> 00:23:14,470

evolutionary story that's going to come

543

00:23:18,930 --> 00:23:16,390

in it's going to have to build that in

544

00:23:21,779 --> 00:23:18,940

so for example I myself don't buy the

545

00:23:24,299 --> 00:23:21,789

kind of emergentist stories of evolution

546

00:23:25,560 --> 00:23:24,309

that we started from a Big Bang which

547

00:23:28,440 --> 00:23:25,570

was the work as it were a purely

548

00:23:30,539 --> 00:23:28,450

material and the through various degrees

549

00:23:32,549 --> 00:23:30,549

of emergence consciousness sort of

550

00:23:35,220 --> 00:23:32,559

finally pops up and then

551
00:23:36,659 --> 00:23:35,230
self-consciousness as well in ways that

552
00:23:39,299 --> 00:23:36,669
aren't fully understood and then you get

553
00:23:42,149 --> 00:23:39,309
into the hope and psychist sort of back

554
00:23:44,130 --> 00:23:42,159
reading and the tries to explain how it

555
00:23:46,320 --> 00:23:44,140
was sort of Nathan there all along I

556
00:23:47,940 --> 00:23:46,330
mean I know you don't like pan-slavism

557
00:23:49,680 --> 00:23:47,950
as well I think we've done the same page

558
00:23:51,720 --> 00:23:49,690
with that I mean it's the sort of last

559
00:23:53,789 --> 00:23:51,730
guard asked the materialism if you like

560
00:23:56,159 --> 00:23:53,799
and so what we're going to look for in

561
00:23:58,200 --> 00:23:56,169
the future is a story of human evolution

562
00:24:02,730 --> 00:23:58,210
and the evolution of the cosmos on the

563
00:24:04,560 --> 00:24:02,740

world that builds in all aspects of of

564

00:24:07,649 --> 00:24:04,570

our being and the spiritual and the

565

00:24:09,960 --> 00:24:07,659

material for what we are going to do it

566

00:24:12,690 --> 00:24:09,970

from a materialistic standpoint where

567

00:24:14,100 --> 00:24:12,700

are we going to jump back over to to

568

00:24:16,080 --> 00:24:14,110

that failed prop

569

00:24:18,419 --> 00:24:16,090

that's what I think is the hard part is

570

00:24:21,900 --> 00:24:18,429

I think to totally break clean from that

571

00:24:23,700 --> 00:24:21,910

as Rupert it gets pretty close to there

572

00:24:26,039 --> 00:24:23,710

but sometimes he even slips back into

573

00:24:28,740 --> 00:24:26,049

that so when Rupert Sheldrake does his

574

00:24:31,470 --> 00:24:28,750

experiments and finds that these morphic

575

00:24:34,020 --> 00:24:31,480

fields somehow exist and these little

576

00:24:37,560 --> 00:24:34,030

birds that learn to take the caps off of

577

00:24:39,990 --> 00:24:37,570

milk bottles before World War Two still

578

00:24:42,480 --> 00:24:40,000

know how to take the caps off of milk

579

00:24:46,110 --> 00:24:42,490

bottles six years later after three

580

00:24:48,900 --> 00:24:46,120

generations of of birds I mean this is

581

00:24:51,210 --> 00:24:48,910

epigenetics kind of thing which is a

582

00:24:54,450 --> 00:24:51,220

misnomer because we would have no idea

583

00:24:55,140 --> 00:24:54,460

how genetics would pass along that kind

584

00:24:58,080 --> 00:24:55,150

of information

585

00:24:59,940 --> 00:24:58,090

so we're drawn to like sheldricks idea

586

00:25:03,720 --> 00:24:59,950

of these morphic fields that somehow

587

00:25:07,049 --> 00:25:03,730

this reality this consciousness is a

588

00:25:09,930 --> 00:25:07,059

small tip of the iceberg on this larger

589

00:25:13,470 --> 00:25:09,940

consciousness that transcends space and

590

00:25:16,380 --> 00:25:13,480

time if we make the shift and say that

591

00:25:18,630 --> 00:25:16,390

appears to be as near as we can tell the

592

00:25:21,330 --> 00:25:18,640

reality then why do we want to switch

593

00:25:24,299 --> 00:25:21,340

back and start talking about this very

594

00:25:26,750 --> 00:25:24,309

time based linear version of

595

00:25:30,990 --> 00:25:26,760

consciousness when we know that's

596

00:25:36,320 --> 00:25:31,000

probably not as close to what's real as

597

00:25:42,900 --> 00:25:36,330

the Christ consciousness version of

598

00:25:45,570 --> 00:25:42,910

consciousness I mean I'm with you I

599

00:25:48,870 --> 00:25:45,580

think but we can only sort of take steps

600

00:25:53,010 --> 00:25:48,880

not use forward if you like and try and

601
00:25:54,960 --> 00:25:53,020
build it in get it to integrate with

602
00:25:56,820 --> 00:25:54,970
what what we do know and I think that

603
00:25:59,940 --> 00:25:56,830
Rupert's idea about of morphic resonance

604
00:26:03,060 --> 00:25:59,950
and is an attendant to to take a sort of

605
00:26:05,940 --> 00:26:03,070
next step forward to say that the

606
00:26:10,830 --> 00:26:05,950
material empirical to the touchable

607
00:26:13,169 --> 00:26:10,840
realm is only one part of it and he gets

608
00:26:16,409 --> 00:26:13,179
his idea of morphic fields partly from

609
00:26:18,360 --> 00:26:16,419
electromagnetic fields which are fields

610
00:26:19,500 --> 00:26:18,370
that are around us we can't see them but

611
00:26:21,299 --> 00:26:19,510
you can sort of measure them with

612
00:26:23,669 --> 00:26:21,309
detectors so then Bane morphic resonance

613
00:26:25,770 --> 00:26:23,679

is this and it sort of an analogical

614

00:26:27,360 --> 00:26:25,780

extension of that and so he's trying to

615

00:26:30,590 --> 00:26:27,370

feel his way back in

616

00:26:33,510 --> 00:26:30,600

I think a spiritual version of things

617

00:26:35,520 --> 00:26:33,520

which I think you know was much more

618

00:26:37,620 --> 00:26:35,530

common until the modern period again

619

00:26:38,850 --> 00:26:37,630

it's like we've had to what we I don't

620

00:26:41,480 --> 00:26:38,860

have had to but we have done this

621

00:26:43,320 --> 00:26:41,490

withdrawal to a kind of purely material

622

00:26:45,900 --> 00:26:43,330

sentence of things which is it has

623

00:26:47,430 --> 00:26:45,910

brought various advantages you know the

624

00:26:50,310 --> 00:26:47,440

obvious of medical advantages or

625

00:26:51,840 --> 00:26:50,320

whatever but nonetheless it's it's not

626
00:26:53,370 --> 00:26:51,850
going to rest there and so we've got to

627
00:26:54,210 --> 00:26:53,380
find our way back into this bigger

628
00:26:55,500 --> 00:26:54,220
picture again

629
00:26:57,450 --> 00:26:55,510
I mean it's don't think I think mental

630
00:26:59,490 --> 00:26:57,460
health is really is in the vanguard

631
00:27:00,450 --> 00:26:59,500
there as well because the treatment of

632
00:27:03,200 --> 00:27:00,460
mental health

633
00:27:05,430 --> 00:27:03,210
you know usually struggles and

634
00:27:06,990 --> 00:27:05,440
psychiatry can do certain things but

635
00:27:08,610 --> 00:27:07,000
it's not really very successful in terms

636
00:27:11,370 --> 00:27:08,620
of treating people's mental health I

637
00:27:14,490 --> 00:27:11,380
mean it can help people find a holding

638
00:27:16,380 --> 00:27:14,500

position if you like sometimes and so I

639

00:27:18,420 --> 00:27:16,390

think that you know where I work as a

640

00:27:20,220 --> 00:27:18,430

psychotherapist part of my interests

641

00:27:22,730 --> 00:27:20,230

there is how it's taking us back into a

642

00:27:24,990 --> 00:27:22,740

bigger picture what it is to be human

643

00:27:28,220 --> 00:27:25,000

can I just say something about this two

644

00:27:30,060 --> 00:27:28,230

millennia at 2,000 years ago again and

645

00:27:33,920 --> 00:27:30,070

just sort of say something about what

646

00:27:37,290 --> 00:27:33,930

that might might be really trying to say

647

00:27:39,030 --> 00:27:37,300

because I think it I think it is when

648

00:27:40,440 --> 00:27:39,040

quit start to like the pivotal bones of

649

00:27:43,040 --> 00:27:40,450

human evolution was to Jim it anywhere

650

00:27:45,510 --> 00:27:43,050

it go it's way to do start way to

651

00:27:47,130 --> 00:27:45,520

triumphalist if you like and but but

652

00:27:48,450 --> 00:27:47,140

what it's pointing to what Barfield was

653

00:27:52,280 --> 00:27:48,460

pointing to and what other people like

654

00:27:54,840 --> 00:27:52,290

Dino were trying to point to was that um

655

00:27:56,280 --> 00:27:54,850

something happened about that time that

656

00:27:59,550 --> 00:27:56,290

gave birth to the sense of being an

657

00:28:02,490 --> 00:27:59,560

individual as we really know it it had

658

00:28:05,250 --> 00:28:02,500

been emerging before I think that this

659

00:28:09,570 --> 00:28:05,260

axial age you know from around about 500

660

00:28:12,660 --> 00:28:09,580

BC when you track figures like the

661

00:28:15,780 --> 00:28:12,670

Buddha in India like now and Confucius

662

00:28:18,000 --> 00:28:15,790

in China the Hebrew prophets figures

663

00:28:22,130 --> 00:28:18,010

like Socrates around the Mediterranean

664

00:28:24,660 --> 00:28:22,140

and what they were starting to do was to

665

00:28:26,820 --> 00:28:24,670

shift the sense of what it was to be

666

00:28:31,050 --> 00:28:26,830

human to have a consciousness from the

667

00:28:33,360 --> 00:28:31,060

outside and take it inside you know the

668

00:28:35,550 --> 00:28:33,370

Hebrew prophets start saying God doesn't

669

00:28:37,440 --> 00:28:35,560

want your temple sacrifice if he wants

670

00:28:38,850 --> 00:28:37,450

the sacrifice of a broken heart the

671

00:28:41,570 --> 00:28:38,860

Buddhist starts saying that the old

672

00:28:46,010 --> 00:28:41,580

Vedic traditions of the whole sacrifices

673

00:28:48,770 --> 00:28:46,020

that's not working anymore meditation

674

00:28:51,950 --> 00:28:48,780

you're come you're just kind of creating

675

00:28:54,950 --> 00:28:51,960

a timeline I like I mentioned in the

676

00:28:56,750 --> 00:28:54,960

email to you it's to me outside not as a

677

00:28:59,840 --> 00:28:56,760

non-christian someone who's brought up

678

00:29:02,299 --> 00:28:59,850

Christian and worked not worked but

679

00:29:04,310 --> 00:29:02,309

found it very difficult to really get

680

00:29:05,960 --> 00:29:04,320

out of that shadow and I kept thinking

681

00:29:08,539 --> 00:29:05,970

I'm out of that shadow and I found I

682

00:29:10,820 --> 00:29:08,549

wasn't I wasn't I wasn't you know now

683

00:29:13,010 --> 00:29:10,830

that I feel like I am I just look at

684

00:29:15,260 --> 00:29:13,020

that and I go mark if that was played

685

00:29:18,649 --> 00:29:15,270

back to you you would have none of it

686

00:29:20,720 --> 00:29:18,659

how would we connect Buddha the 500 year

687

00:29:22,850 --> 00:29:20,730

gap between Buddha and Christ there's a

688

00:29:24,890 --> 00:29:22,860

lot of there's a lot of history there I

689

00:29:26,810 --> 00:29:24,900

mean how would we it's classic

690

00:29:29,270 --> 00:29:26,820

apologetics of the worst kind that we

691

00:29:31,669 --> 00:29:29,280

hear from Christians all the time where

692

00:29:33,799 --> 00:29:31,679

they're cherry-picking data and working

693

00:29:35,510 --> 00:29:33,809

backwards to do it I just don't think

694

00:29:37,880 --> 00:29:35,520

you'd go outside of the Christian

695

00:29:40,760 --> 00:29:37,890

community and find a historian to say

696

00:29:42,950 --> 00:29:40,770

you know I've looked at all our recorded

697

00:29:45,560 --> 00:29:42,960

history here's the moment in time I

698

00:29:47,899 --> 00:29:45,570

would put my finger on and say this was

699

00:29:49,750 --> 00:29:47,909

a pivotal moment no one no one would say

700

00:29:54,260 --> 00:29:49,760

that if they were coming at it from a

701
00:29:58,370 --> 00:29:54,270
from a Christian perspective yeah I mean

702
00:30:02,750 --> 00:29:58,380
I think you can put together a

703
00:30:06,080 --> 00:30:02,760
historical story so for example you know

704
00:30:07,640 --> 00:30:06,090
in the book I talk about the the story

705
00:30:09,320 --> 00:30:07,650
that comes out of the Hebrew Bible and

706
00:30:11,210 --> 00:30:09,330
how there's an evolution of of

707
00:30:13,070 --> 00:30:11,220
consciousness that you can track through

708
00:30:15,620 --> 00:30:13,080
the Bible and you can do it relatively

709
00:30:20,000 --> 00:30:15,630
objectively so for example you can what

710
00:30:22,610 --> 00:30:20,010
you can do is stack up the bits from the

711
00:30:24,529 --> 00:30:22,620
Bible and put them on a timeline because

712
00:30:26,240 --> 00:30:24,539
modern biblical scholarship has teased

713
00:30:28,820 --> 00:30:26,250

out that you know certain bits of the

714

00:30:30,560 --> 00:30:28,830

Bible are older than other babies it's

715

00:30:33,440 --> 00:30:30,570

not the Genesis one is the oldest bit at

716

00:30:34,880 --> 00:30:33,450

all you know so if you do that what you

717

00:30:37,970 --> 00:30:34,890

can do for example is show how the

718

00:30:39,320 --> 00:30:37,980

language gradually moved from an

719

00:30:41,390 --> 00:30:39,330

interest in what's going on outside

720

00:30:42,919 --> 00:30:41,400

through an interest of what's going on

721

00:30:45,740 --> 00:30:42,929

inside it becomes more and more

722

00:30:49,010 --> 00:30:45,750

introspective the language so and that

723

00:30:50,779 --> 00:30:49,020

that sort of fits in a timeline you can

724

00:30:53,000 --> 00:30:50,789

do the same with ancient Greek

725

00:30:54,840 --> 00:30:53,010

philosophy because and we've got you

726

00:30:58,170 --> 00:30:54,850

know quite a we've got a continuous read

727

00:31:00,470 --> 00:30:58,180

like of ancient philosophy and and and

728

00:31:02,490 --> 00:31:00,480

similarly not just Socrates starts

729

00:31:04,890 --> 00:31:02,500

challenging people and getting to them

730

00:31:06,750 --> 00:31:04,900

to think for themselves and but for

731

00:31:08,730 --> 00:31:06,760

example that the Stoics and the

732

00:31:10,650 --> 00:31:08,740

Epicureans that the next generation of

733

00:31:14,220 --> 00:31:10,660

philosophers and they develop what it's

734

00:31:16,410 --> 00:31:14,230

been called Spiritual Exercises and this

735

00:31:18,900 --> 00:31:16,420

is the cultivation of the self and which

736

00:31:20,970 --> 00:31:18,910

is quite a new thing so you can I think

737

00:31:22,560 --> 00:31:20,980

track in the book I need to in the

738

00:31:25,050 --> 00:31:22,570

Mediterranean Basin and I do completely

739

00:31:27,980 --> 00:31:25,060

set the point that that's a Western

740

00:31:30,720 --> 00:31:27,990

point of view but I think it can be done

741

00:31:33,330 --> 00:31:30,730

from the Indian subcontinent and the

742

00:31:36,210 --> 00:31:33,340

Chinese perspective as well people have

743

00:31:38,760 --> 00:31:36,220

done this looking at increasingly now

744

00:31:42,630 --> 00:31:38,770

they at this notion of the axial age and

745

00:31:44,490 --> 00:31:42,640

what it suggests is that it's a bit

746

00:31:46,680 --> 00:31:44,500

pejorative from the Western point of

747

00:31:49,680 --> 00:31:46,690

view to say that we feel that there was

748

00:31:51,480 --> 00:31:49,690

a sort of pivotal moment and when things

749

00:31:53,340 --> 00:31:51,490

like free world for example it's not

750

00:31:55,560 --> 00:31:53,350

until the 1st century AD that

751

00:31:57,120 --> 00:31:55,570

philosophers start talking about free

752

00:31:59,580 --> 00:31:57,130

will that just hadn't really existed

753

00:32:01,950 --> 00:31:59,590

before and then also things like fate

754

00:32:03,780 --> 00:32:01,960

and they start to lose their currency on

755

00:32:06,300 --> 00:32:03,790

people people feel less and less that

756

00:32:08,280 --> 00:32:06,310

they're being controlled by fatalistic

757

00:32:11,730 --> 00:32:08,290

forces from the outside but there's a

758

00:32:13,770 --> 00:32:11,740

kind of inner freedom develops and this

759

00:32:15,150 --> 00:32:13,780

just because of the vicious use of

760

00:32:17,310 --> 00:32:15,160

history Christian is becoming so

761

00:32:19,830 --> 00:32:17,320

powerful in the West it all starts to be

762

00:32:21,270 --> 00:32:19,840

thought about in Christian terms but I

763

00:32:24,210 --> 00:32:21,280

think we're at a stage now where we can

764

00:32:26,250 --> 00:32:24,220

just loosen and the need to claim it for

765

00:32:27,870 --> 00:32:26,260

Christianity and start seeing how

766

00:32:30,630 --> 00:32:27,880

actually it will work tap in other

767

00:32:32,490 --> 00:32:30,640

traditions as well so for example just

768

00:32:35,610 --> 00:32:32,500

the fair one will fall in there and the

769

00:32:38,730 --> 00:32:35,620

bhagavad-gita which is a is a text from

770

00:32:40,650 --> 00:32:38,740

maybe the 3rd century BC commentaries on

771

00:32:43,320 --> 00:32:40,660

the Gita is as much an important as the

772

00:32:46,140 --> 00:32:43,330

Gita itself and commentaries to start to

773

00:32:49,680 --> 00:32:46,150

develop notions of non-duality for

774

00:32:51,780 --> 00:32:49,690

example and that's who and requires a

775

00:32:54,300 --> 00:32:51,790

kind of individual consciousness and

776

00:32:56,370 --> 00:32:54,310

that can appreciate and the one and the

777

00:32:58,500 --> 00:32:56,380

many the particular in the universal and

778

00:33:01,620 --> 00:32:58,510

exists in this sort of non dual realm

779

00:33:03,270 --> 00:33:01,630

and so I think I think there is a kind

780

00:33:04,980 --> 00:33:03,280

of story that can be told and can

781

00:33:06,540 --> 00:33:04,990

actually be made to stack up as well

782

00:33:08,910 --> 00:33:06,550

it's not just like a christian

783

00:33:12,240 --> 00:33:08,920

triumphalist claim and that

784

00:33:14,970 --> 00:33:12,250

the individual with a kind of microcosm

785

00:33:17,730 --> 00:33:14,980

but then can begin to feel it it mirrors

786

00:33:18,990 --> 00:33:17,740

the macrocosm and so knows the macrocosm

787

00:33:20,690 --> 00:33:19,000

in a different way

788

00:33:23,960 --> 00:33:20,700

a different kind of consciousness

789

00:33:26,490 --> 00:33:23,970

something crystallized around these

790

00:33:29,640 --> 00:33:26,500

centuries which we call you know the

791

00:33:31,530 --> 00:33:29,650

first century of AD for example

792

00:33:34,290 --> 00:33:31,540

something does seem to have evolved

793

00:33:36,840 --> 00:33:34,300

around them and and shaped not just the

794

00:33:43,230 --> 00:33:36,850

Western world but the Eastern world as

795

00:33:45,810 --> 00:33:43,240

well what you might do that well let me

796

00:33:48,300 --> 00:33:45,820

get there from another angle because I

797

00:33:50,700 --> 00:33:48,310

think we're touching on some really

798

00:33:52,320 --> 00:33:50,710

important topics they're important to me

799

00:33:55,920 --> 00:33:52,330

this is the kind of stuff I love talking

800

00:33:57,480 --> 00:33:55,930

about and I so again appreciate what

801
00:34:00,180 --> 00:33:57,490
you're bringing to it because you have

802
00:34:03,210 --> 00:34:00,190
thought very deeply about this and when

803
00:34:06,180 --> 00:34:03,220
we contrast that to what we get on a

804
00:34:09,720 --> 00:34:06,190
regular basis in terms of what people in

805
00:34:12,090 --> 00:34:09,730
the scientific or in the modern

806
00:34:14,159 --> 00:34:12,100
intellectual culture which is mostly

807
00:34:17,610 --> 00:34:14,169
mostly atheistic especially over there

808
00:34:19,860 --> 00:34:17,620
it's just complete gobbly it just

809
00:34:22,440 --> 00:34:19,870
doesn't even have any possibility of

810
00:34:24,570 --> 00:34:22,450
being true so I appreciate the dialog

811
00:34:26,760 --> 00:34:24,580
and I want to touch on this thing of

812
00:34:28,440 --> 00:34:26,770
Christ consciousness because we've kind

813
00:34:30,750 --> 00:34:28,450

of talked about it a couple times

814

00:34:32,730 --> 00:34:30,760

there's a chapter in your book titled

815

00:34:38,370 --> 00:34:32,740

Christ consciousness you have a lot to

816

00:34:42,480 --> 00:34:38,380

say about it my my issue is that I think

817

00:34:45,300 --> 00:34:42,490

this makes clearer my point of Christ

818

00:34:48,180 --> 00:34:45,310

consciousness clearly transcends

819

00:34:50,880 --> 00:34:48,190

space-time we can't talk about Christ

820

00:34:54,210 --> 00:34:50,890

consciousness and at the same time talk

821

00:34:56,280 --> 00:34:54,220

about history and this and then this

822

00:34:59,130 --> 00:34:56,290

happened this century and let's look at

823

00:35:01,470 --> 00:34:59,140

this text it doesn't make any sense

824

00:35:03,570 --> 00:35:01,480

because everything we know about Christ

825

00:35:08,280 --> 00:35:03,580

consciousness tells us that it is as

826

00:35:11,040 --> 00:35:08,290

alive and meaningful today as it was

827

00:35:13,920 --> 00:35:11,050

yesterday as it was for our grandparents

828

00:35:15,810 --> 00:35:13,930

and our great-grandparents and we can

829

00:35:18,480 --> 00:35:15,820

extrapolate out of that as all great

830

00:35:21,420 --> 00:35:18,490

spiritual traditions have done and have

831

00:35:22,440 --> 00:35:21,430

say is timeless it is truly beyond

832

00:35:25,950 --> 00:35:22,450

space-time

833

00:35:28,740 --> 00:35:25,960

so that's to me the misstep is to start

834

00:35:33,990 --> 00:35:28,750

pointing to a point in history then

835

00:35:36,990 --> 00:35:34,000

you're kind of misappropriating the idea

836

00:35:41,549 --> 00:35:37,000

of Christ consciousness of something

837

00:35:44,569 --> 00:35:41,559

that is truly transcendent so what do

838

00:35:47,789 --> 00:35:44,579

you think about in general about

839

00:35:50,400 --> 00:35:47,799

transcending consciousness because I

840

00:35:52,880 --> 00:35:50,410

think that's the that's the issue is

841

00:35:56,359 --> 00:35:52,890

consciousness our normal day-to-day

842

00:35:58,680 --> 00:35:56,369

consciousness something that can be

843

00:36:02,039 --> 00:35:58,690

transcended it's certainly something

844

00:36:04,289 --> 00:36:02,049

that spiritual masters throughout time

845

00:36:06,690 --> 00:36:04,299

have said is possible both in the east

846

00:36:08,250 --> 00:36:06,700

of the West and I brought up Jeffrey

847

00:36:10,920 --> 00:36:08,260

Martin because I recently had him on the

848

00:36:12,900 --> 00:36:10,930

show and he's Harvard trained social

849

00:36:14,640 --> 00:36:12,910

scientist who went out and interviewed

850

00:36:19,049 --> 00:36:14,650

extensively like eight-hour interviews

851

00:36:20,819 --> 00:36:19,059

with mystical Christians Buddhists Sufis

852

00:36:22,559 --> 00:36:20,829

he went to these communities I loved his

853

00:36:25,200 --> 00:36:22,569

methodology human to these communities

854

00:36:26,819 --> 00:36:25,210

and say who is enlightened who is

855

00:36:28,200 --> 00:36:26,829

awakening who is transcended

856

00:36:30,780 --> 00:36:28,210

consciousness whatever you want to say

857

00:36:33,559 --> 00:36:30,790

let me talk to them and then he tried to

858

00:36:37,349 --> 00:36:33,569

understand what the what the

859

00:36:43,380 --> 00:36:37,359

phenomenology was of that experience and

860

00:36:46,109 --> 00:36:43,390

again to me that's that's where we have

861

00:36:48,680 --> 00:36:46,119

to fit Christ consciousness back in and

862

00:36:54,120 --> 00:36:48,690

not try and mash it into some

863

00:36:58,289 --> 00:36:54,130

materialistic timeframe well yeah so I

864

00:37:01,770 --> 00:36:58,299

mean they used to be personally and in a

865

00:37:06,109 --> 00:37:01,780

way it was psychotherapy that gave me a

866

00:37:09,000 --> 00:37:06,119

sort of direct felt sense of how time

867

00:37:12,450 --> 00:37:09,010

changes different levels of our

868

00:37:15,510 --> 00:37:12,460

consciousness and at one everyday level

869

00:37:17,430 --> 00:37:15,520

hum-drum level it is kind of clock time

870

00:37:19,200 --> 00:37:17,440

it is calendar time although I

871

00:37:21,630 --> 00:37:19,210

increasingly sense that that's the sort

872

00:37:23,309 --> 00:37:21,640

of convenience and so that you know we

873

00:37:25,289 --> 00:37:23,319

know when to speak to each other we know

874

00:37:27,750 --> 00:37:25,299

when we're going to meet you know we can

875

00:37:30,930 --> 00:37:27,760

put some sort of order at a mundane

876

00:37:32,970 --> 00:37:30,940

level into the world but when you sit

877

00:37:35,549 --> 00:37:32,980

with the people in psychotherapy and one

878

00:37:36,210 --> 00:37:35,559

of the key measures of what's going on

879

00:37:41,430 --> 00:37:36,220

it's

880

00:37:44,339 --> 00:37:41,440

whether you feel you're more in a sort

881

00:37:46,650 --> 00:37:44,349

of getting into a more timeless zone so

882

00:37:48,690 --> 00:37:46,660

for example if time feels like it gets a

883

00:37:51,660 --> 00:37:48,700

bit suspended you know that you're

884

00:37:54,720 --> 00:37:51,670

sinking into less immediately conscious

885

00:37:56,190 --> 00:37:54,730

levels of someone's psyche where you're

886

00:37:57,960 --> 00:37:56,200

you're getting into something that

887

00:38:00,420 --> 00:37:57,970

they're not normally aware of but is now

888

00:38:02,640 --> 00:38:00,430

coming to the surface and conversely you

889

00:38:04,109 --> 00:38:02,650

know if you've sort of feel in a session

890

00:38:05,700 --> 00:38:04,119

you're kind of watching the clock and

891

00:38:07,020 --> 00:38:05,710

you've got half an hour of good on

892

00:38:08,790 --> 00:38:07,030

there's only five minutes are gone you

893

00:38:10,740 --> 00:38:08,800

know that you're at a very sort of harm

894

00:38:14,430 --> 00:38:10,750

drum level and you've got to try and

895

00:38:17,220 --> 00:38:14,440

work out how you can sing well deeply my

896

00:38:20,370 --> 00:38:17,230

thinking in psychotherapy even at times

897

00:38:24,000 --> 00:38:20,380

can get a sense of of a kind of eternal

898

00:38:25,020 --> 00:38:24,010

level of the of the personal psyche by

899

00:38:27,990 --> 00:38:25,030

which I mean it

900

00:38:30,240 --> 00:38:28,000

a timeless level and and I personally

901
00:38:32,609 --> 00:38:30,250
had this when in my own psychotherapy

902
00:38:36,030 --> 00:38:32,619
which was pretty intense and for a

903
00:38:38,040 --> 00:38:36,040
period of time I gradually gained a

904
00:38:41,040 --> 00:38:38,050
sense of how things that have happened

905
00:38:43,440 --> 00:38:41,050
in my very early life had quite as much

906
00:38:46,290 --> 00:38:43,450
an impact upon me now as they had back

907
00:38:47,910 --> 00:38:46,300
then and so in my personal psyche I got

908
00:38:50,099 --> 00:38:47,920
a sense of how there's a kind of

909
00:38:53,520 --> 00:38:50,109
timelessness as a were a lot of

910
00:38:56,010 --> 00:38:53,530
important events are kind of coexisting

911
00:38:58,349 --> 00:38:56,020
you might say and that really was so

912
00:39:01,020 --> 00:38:58,359
valuable to me because it gave me a

913
00:39:03,120 --> 00:39:01,030

direct sense of how by analogy I could

914

00:39:05,250 --> 00:39:03,130

imagine that in the world around us and

915

00:39:08,550 --> 00:39:05,260

the cosmos around us whilst there is

916

00:39:10,320 --> 00:39:08,560

kind of seasonal time you know solar

917

00:39:12,150 --> 00:39:10,330

time if you like with the earth going

918

00:39:15,240 --> 00:39:12,160

around the Sun there is some of this

919

00:39:17,099 --> 00:39:15,250

sort of unfolding in that normal way of

920

00:39:20,040 --> 00:39:17,109

using the words of time I think there's

921

00:39:22,710 --> 00:39:20,050

also a kind of timelessness eternity

922

00:39:25,260 --> 00:39:22,720

which is co-present with that to which I

923

00:39:26,550 --> 00:39:25,270

guess the Mystics are onto and you know

924

00:39:28,470 --> 00:39:26,560

in the West we might call it Christ

925

00:39:30,750 --> 00:39:28,480

consciousness in the East we might call

926

00:39:33,300 --> 00:39:30,760

it Buddha consciousness but nonetheless

927

00:39:33,930 --> 00:39:33,310

it's possible through all sorts of

928

00:39:36,089 --> 00:39:33,940

techniques

929

00:39:38,880 --> 00:39:36,099

maybe not psychotherapy may meditate may

930

00:39:41,910 --> 00:39:38,890

be meditation and so on to get more in

931

00:39:44,190 --> 00:39:41,920

touch with that more timeless stone that

932

00:39:47,210 --> 00:39:44,200

more eternal zone and so I see these

933

00:39:49,170 --> 00:39:47,220

things happening sort of a bit the same

934

00:39:50,070 --> 00:39:49,180

they're just different levels of

935

00:39:52,110 --> 00:39:50,080

consciousness and

936

00:39:53,880 --> 00:39:52,120

depends what level of consciousness were

937

00:39:56,400 --> 00:39:53,890

operating on at that particular moment

938

00:39:58,460 --> 00:39:56,410

and the Mystics get good at aligning

939

00:40:01,110 --> 00:39:58,470

themselves to the more timeless zones

940

00:40:03,470 --> 00:40:01,120

whereas you know many of us get more

941

00:40:05,610 --> 00:40:03,480

stuck at these times designs if you like

942

00:40:07,910 --> 00:40:05,620

you know I think you bring something

943

00:40:10,590 --> 00:40:07,920

really interesting to the table with

944

00:40:13,260 --> 00:40:10,600

psychotherapy and you're kind of saying

945

00:40:16,470 --> 00:40:13,270

a couple of things I wanted to bring out

946

00:40:19,920 --> 00:40:16,480

and highlight one is that you're

947

00:40:26,010 --> 00:40:19,930

suggesting that psychotherapy is somehow

948

00:40:29,670 --> 00:40:26,020

at the edge of this understanding of the

949

00:40:32,850 --> 00:40:29,680

transcendence of consciousness in a

950

00:40:35,520 --> 00:40:32,860

scientific way so you know of all the

951
00:40:37,470 --> 00:40:35,530
the sciences psychotherapy has always

952
00:40:40,050 --> 00:40:37,480
been the stepchild that's left outside

953
00:40:41,880 --> 00:40:40,060
and that's maybe freed it up a little

954
00:40:44,880 --> 00:40:41,890
bit to say well you know there is

955
00:40:47,850 --> 00:40:44,890
something to your scientific method but

956
00:40:49,470 --> 00:40:47,860
let's explore this and that with it you

957
00:40:51,720 --> 00:40:49,480
know and I think that's really cool

958
00:40:54,990 --> 00:40:51,730
what you're doing there and I think the

959
00:40:56,580 --> 00:40:55,000
other thing that is just really I think

960
00:41:01,290 --> 00:40:56,590
will resonate with people anyone who's

961
00:41:04,470 --> 00:41:01,300
been in therapy is kind of uh I love how

962
00:41:06,750 --> 00:41:04,480
you talk about it as being a form of

963
00:41:11,330 --> 00:41:06,760

hypnosis in a way or akin to hypnosis

964

00:41:13,890 --> 00:41:11,340

and in that way being this catalyst to

965

00:41:16,890 --> 00:41:13,900

transcending space and time to this

966

00:41:18,570 --> 00:41:16,900

extended consciousness so I wanted to

967

00:41:21,000 --> 00:41:18,580

highlight those points I don't know if

968

00:41:23,340 --> 00:41:21,010

you have anything more to say about that

969

00:41:26,820 --> 00:41:23,350

but I'd be interested in hearing if you

970

00:41:29,760 --> 00:41:26,830

do yeah I mean I think that the reason

971

00:41:31,350 --> 00:41:29,770

why psychotherapy sort of emerged was

972

00:41:35,460 --> 00:41:31,360

because in the West particularly

973

00:41:37,500 --> 00:41:35,470

Reformation and we lost our wisdom about

974

00:41:39,780 --> 00:41:37,510

inner life and we lost our wisdom about

975

00:41:43,950 --> 00:41:39,790

the mystical side of things

976

00:41:47,240 --> 00:41:43,960

and certainly Carl Jung said this he

977

00:41:50,550 --> 00:41:47,250

said that the this.left are kind of void

978

00:41:53,450 --> 00:41:50,560

that needed to be filled and so he

979

00:41:55,590 --> 00:41:53,460

wasn't at all surprised that in the

980

00:41:57,530 --> 00:41:55,600

before Freud's because there were people

981

00:42:00,210 --> 00:41:57,540

working on this stuff before Freud

982

00:42:03,000 --> 00:42:00,220

before it became this sort of central

983

00:42:03,440 --> 00:42:03,010

figure for good reasons and bad I think

984

00:42:06,110 --> 00:42:03,450

most

985

00:42:08,450 --> 00:42:06,120

cuz he was a great writer and so he kind

986

00:42:11,750 --> 00:42:08,460

of he gave phrases that hooked into

987

00:42:13,190 --> 00:42:11,760

people's minds but um certainly uh for

988

00:42:15,350 --> 00:42:13,200

my own practice he's not a very

989

00:42:16,460 --> 00:42:15,360

important figure actually people like

990

00:42:18,500 --> 00:42:16,470

young and then other British

991

00:42:20,180 --> 00:42:18,510

psychotherapists are equally important

992

00:42:22,880 --> 00:42:20,190

and but nonetheless it's an attempt to

993

00:42:25,130 --> 00:42:22,890

recover a continent in inner wisdom and

994

00:42:26,990 --> 00:42:25,140

that it's partly clinical it's a partly

995

00:42:28,940 --> 00:42:27,000

about trying to help people who are

996

00:42:31,850 --> 00:42:28,950

suffering and but it's got this great

997

00:42:33,230 --> 00:42:31,860

spiritual potential as well and one of

998

00:42:35,710 --> 00:42:33,240

the things which I really hope is that

999

00:42:38,870 --> 00:42:35,720

psychotherapy can develop ways of

1000

00:42:40,520 --> 00:42:38,880

talking with other disciplines and with

1001

00:42:41,390 --> 00:42:40,530

spiritual traditions which I think it is

1002

00:42:44,060 --> 00:42:41,400

I think Buddhism

1003

00:42:46,610 --> 00:42:44,070

you know hers has done an awful long way

1004

00:42:48,380 --> 00:42:46,620

to do this now there's a number of great

1005

00:42:49,970 --> 00:42:48,390

writers who are both good instance like

1006

00:42:52,630 --> 00:42:49,980

a therapist if you've been thinking

1007

00:42:55,040 --> 00:42:52,640

about mark Epstein and others like that

1008

00:42:57,260 --> 00:42:55,050

the way the Buddhism's come into the

1009

00:42:59,720 --> 00:42:57,270

West it's very much focused on this

1010

00:43:01,670 --> 00:42:59,730

inner mystical side and with the inner

1011

00:43:03,830 --> 00:43:01,680

practices like meditation I think

1012

00:43:05,270 --> 00:43:03,840

because Christianity more or less forgot

1013

00:43:09,410 --> 00:43:05,280

about this

1014

00:43:11,360 --> 00:43:09,420

and so Buddhism has found there's a bit

1015

00:43:14,030 --> 00:43:11,370

of an opportunity to reintroduce these

1016

00:43:15,770 --> 00:43:14,040

these practices that open this side of

1017

00:43:17,570 --> 00:43:15,780

life up again and I hope it's like a

1018

00:43:21,740 --> 00:43:17,580

very weak and increasingly poppy pop of

1019

00:43:25,000 --> 00:43:21,750

that discussion great I I agree I hope

1020

00:43:27,560 --> 00:43:25,010

so too I hope in particular the kind of

1021

00:43:30,860 --> 00:43:27,570

psychotherapy I mean if psychotherapy is

1022

00:43:33,110 --> 00:43:30,870

more of an art than a science or a

1023

00:43:35,390 --> 00:43:33,120

combination of an art and a science you

1024

00:43:39,680 --> 00:43:35,400

know I think it's people like you who

1025

00:43:41,600 --> 00:43:39,690

will assure that change in in a way and

1026
00:43:44,140 --> 00:43:41,610
and and other people too but I mean I

1027
00:43:46,550 --> 00:43:44,150
think the work that you do there is just

1028
00:43:48,380 --> 00:43:46,560
interesting because it's what you're

1029
00:43:51,220 --> 00:43:48,390
bringing to it rather than some

1030
00:43:53,390 --> 00:43:51,230
technique you know we know it's not some

1031
00:43:58,970 --> 00:43:53,400
technique although techniques can be

1032
00:44:01,160 --> 00:43:58,980
helpful to I know you know jack hunter

1033
00:44:02,900 --> 00:44:01,170
the anthropologist and i read like the

1034
00:44:07,130 --> 00:44:02,910
way the he's talking about anthropology

1035
00:44:10,790 --> 00:44:07,140
as almost building certain mortals or

1036
00:44:12,320 --> 00:44:10,800
cases telling stories and the way I

1037
00:44:15,380 --> 00:44:12,330
think the psychotherapy work that's best

1038
00:44:17,120 --> 00:44:15,390

is when it has a kind of ensemble of

1039

00:44:19,849 --> 00:44:17,130

kind of stories

1040

00:44:22,670 --> 00:44:19,859

is Maps almost and that what you do is

1041

00:44:24,230 --> 00:44:22,680

you bring in the map that's going to

1042

00:44:27,099 --> 00:44:24,240

help you just take the next step and

1043

00:44:29,299 --> 00:44:27,109

then that works for a bit and then it

1044

00:44:31,339 --> 00:44:29,309

loses its efficacy so do you bring in a

1045

00:44:32,539 --> 00:44:31,349

kind of another map and see whether you

1046

00:44:34,099 --> 00:44:32,549

can take another step

1047

00:44:37,039 --> 00:44:34,109

because what you're always trying to be

1048

00:44:39,109 --> 00:44:37,049

in touch with this reality itself but we

1049

00:44:41,960 --> 00:44:39,119

need these kind of things that mediate

1050

00:44:43,819 --> 00:44:41,970

us along the way a bit and so I think

1051
00:44:46,130 --> 00:44:43,829
that maybe psychotherapy is a bit like

1052
00:44:49,370 --> 00:44:46,140
anthropology it kind of stands on the

1053
00:44:51,410 --> 00:44:49,380
edge of a scientific approach but it's

1054
00:44:53,420 --> 00:44:51,420
also there's a lot of art and a lot of

1055
00:44:55,549 --> 00:44:53,430
insight and discernment that's required

1056
00:44:57,200 --> 00:44:55,559
to be really good it's like a therapist

1057
00:45:00,170 --> 00:44:57,210
and I think a really good anthropologist

1058
00:45:01,759 --> 00:45:00,180
increasing that's been seen love it love

1059
00:45:05,599 --> 00:45:01,769
the parallel there have never thought

1060
00:45:11,329 --> 00:45:05,609
about that but I will forever forward

1061
00:45:13,400 --> 00:45:11,339
nice let me then trace where we've been

1062
00:45:16,670 --> 00:45:13,410
because I think it'll help introduce

1063
00:45:18,470 --> 00:45:16,680

this next point or I was really trying

1064

00:45:20,440 --> 00:45:18,480

to start with you is this idea that I

1065

00:45:23,720 --> 00:45:20,450

think we're in sync on that there is

1066

00:45:26,509 --> 00:45:23,730

something called consciousness and the

1067

00:45:29,420 --> 00:45:26,519

only reason to even mention that is to

1068

00:45:30,799 --> 00:45:29,430

again observe that we are image in a

1069

00:45:32,779 --> 00:45:30,809

culture that completely denies

1070

00:45:35,269 --> 00:45:32,789

consciousness and we want to forget that

1071

00:45:36,620 --> 00:45:35,279

we are because it's so absurd that we

1072

00:45:39,549 --> 00:45:36,630

don't really even know where to go with

1073

00:45:43,039 --> 00:45:39,559

that but you know our kids our friends

1074

00:45:44,839 --> 00:45:43,049

our next generation are all being

1075

00:45:47,839 --> 00:45:44,849

indoctrinated with this idea that you

1076
00:45:49,549 --> 00:45:47,849
don't really exist when we get down to

1077
00:45:50,960 --> 00:45:49,559
it we'll put a lot of nice flowery

1078
00:45:53,559 --> 00:45:50,970
language around that but you don't

1079
00:45:55,910 --> 00:45:53,569
really exist you don't really have

1080
00:45:57,859 --> 00:45:55,920
feelings of love you just have this

1081
00:45:59,059 --> 00:45:57,869
biological firing that's going on in

1082
00:46:02,509 --> 00:45:59,069
your brain there really is anything

1083
00:46:04,670 --> 00:46:02,519
there and so I've beaten that horse to

1084
00:46:06,650 --> 00:46:04,680
death maybe but that's an important

1085
00:46:08,180 --> 00:46:06,660
point one and then I think where we went

1086
00:46:11,809 --> 00:46:08,190
next where I was trying to take you is

1087
00:46:15,009 --> 00:46:11,819
there is a way to transcend that

1088
00:46:18,319 --> 00:46:15,019

ordinary so consciousness is real

1089

00:46:21,049 --> 00:46:18,329

consciousness is something that we don't

1090

00:46:23,029 --> 00:46:21,059

understand the nature of it exactly but

1091

00:46:25,849 --> 00:46:23,039

it is there that voice inside our head

1092

00:46:28,160 --> 00:46:25,859

is real it's real for all of us and then

1093

00:46:30,950 --> 00:46:28,170

I think where I was trying to go with

1094

00:46:32,870 --> 00:46:30,960

the Christ consciousness and with the

1095

00:46:36,710 --> 00:46:32,880

reference to the very excellent dr.

1096

00:46:39,440 --> 00:46:36,720

Jeffrey Martin is if we go study people

1097

00:46:42,640 --> 00:46:39,450

who say spiritual people spiritual

1098

00:46:46,280 --> 00:46:42,650

masters who say this thing consistently

1099

00:46:49,460 --> 00:46:46,290

you can transcend that ordinary

1100

00:46:52,460 --> 00:46:49,470

consciousness you can't get beyond it in

1101

00:46:54,470 --> 00:46:52,470

this world if you will now maybe it

1102

00:46:56,960 --> 00:46:54,480

takes us to another reality or to an

1103

00:46:59,270 --> 00:46:56,970

extended consciousness but there is a

1104

00:47:01,670 --> 00:46:59,280

there there there is some place to go

1105

00:47:03,770 --> 00:47:01,680

and if we talk to mystical Christians

1106

00:47:05,690 --> 00:47:03,780

and then if we go back and look at

1107

00:47:07,310 --> 00:47:05,700

history and we talked to Rudolf Steiner

1108

00:47:08,750 --> 00:47:07,320

or Reid Rudolf Steiner because we need

1109

00:47:11,150 --> 00:47:08,760

to talk to him work or we talked to the

1110

00:47:13,130 --> 00:47:11,160

great gurus and mystics from all these

1111

00:47:14,870 --> 00:47:13,140

traditions they're all saying that so I

1112

00:47:16,400 --> 00:47:14,880

think that's an important reality and

1113

00:47:18,110 --> 00:47:16,410

that's why I threw on the table this

1114

00:47:19,520 --> 00:47:18,120

idea of Christ consciousness because

1115

00:47:21,170 --> 00:47:19,530

when people are talking about Christ

1116

00:47:22,100 --> 00:47:21,180

consciousness that's what I think

1117

00:47:25,040 --> 00:47:22,110

they're talking about is a

1118

00:47:27,020 --> 00:47:25,050

transcendental consciousness when you

1119

00:47:29,870 --> 00:47:27,030

are communicating with Christ in that

1120

00:47:32,120 --> 00:47:29,880

space you have transcended space and

1121

00:47:35,360 --> 00:47:32,130

time there's no two ways about it so

1122

00:47:40,900 --> 00:47:35,370

that's a long-winded way of saying what

1123

00:47:44,000 --> 00:47:40,910

can we learn can we start making some

1124

00:47:46,160 --> 00:47:44,010

claims some assumptions can we bring

1125

00:47:49,570 --> 00:47:46,170

back some knowledge from people who

1126
00:47:51,830 --> 00:47:49,580
claim to have entered these extended

1127
00:47:54,800 --> 00:47:51,840
consciousness realms like I was just

1128
00:47:57,460 --> 00:47:54,810
talking about or like I like to talk

1129
00:47:59,900 --> 00:47:57,470
about frequently on show the NDE

1130
00:48:03,290 --> 00:47:59,910
extended consciousness experience and

1131
00:48:04,970 --> 00:48:03,300
again that's important because with the

1132
00:48:07,220 --> 00:48:04,980
scientific overlay if you have to

1133
00:48:09,290 --> 00:48:07,230
acknowledge we can kind of tell them to

1134
00:48:10,850 --> 00:48:09,300
shut up now because these people are

1135
00:48:12,830 --> 00:48:10,860
dead you have no way of explaining how

1136
00:48:14,870 --> 00:48:12,840
they would have any conscious experience

1137
00:48:17,330 --> 00:48:14,880
so please don't interrupt me when I tell

1138
00:48:19,190 --> 00:48:17,340

you that there is this extended

1139

00:48:20,780 --> 00:48:19,200

consciousness Rome and here it's showing

1140

00:48:22,760 --> 00:48:20,790

up and now you have to start explaining

1141

00:48:24,440 --> 00:48:22,770

it but that isn't the conversation for

1142

00:48:29,270 --> 00:48:24,450

you and I the conversation for you and I

1143

00:48:32,350 --> 00:48:29,280

is you said you were you tuned in to the

1144

00:48:36,140 --> 00:48:32,360

episode with David son fellow who is

1145

00:48:38,390 --> 00:48:36,150

compiled so many of the great near-death

1146

00:48:41,360 --> 00:48:38,400

experience science researchers and has

1147

00:48:44,060 --> 00:48:41,370

tried to say hey there is a message

1148

00:48:46,460 --> 00:48:44,070

coming through from this extended

1149

00:48:50,690 --> 00:48:46,470

and it's a very spiritual message and

1150

00:48:54,050 --> 00:48:50,700

this is what it says and with regard to

1151

00:48:57,110 --> 00:48:54,060

your book I think it challenges that in

1152

00:49:01,010 --> 00:48:57,120

a way and it says you know don't worry

1153

00:49:04,700 --> 00:49:01,020

about a secret history of Christianity

1154

00:49:06,860 --> 00:49:04,710

worry about the current message that

1155

00:49:11,360 --> 00:49:06,870

Christ consciousness is bringing through

1156

00:49:13,790 --> 00:49:11,370

in the form of these NDE experiences

1157

00:49:17,120 --> 00:49:13,800

that was very long-winded but maybe you

1158

00:49:19,400 --> 00:49:17,130

can start unpacking that for us yeah I

1159

00:49:23,210 --> 00:49:19,410

think that our task now is to relearn

1160

00:49:25,160 --> 00:49:23,220

what Mystics of old have told us about

1161

00:49:27,440 --> 00:49:25,170

and and it's a sort of in a way it's a

1162

00:49:30,590 --> 00:49:27,450

democratizing process I think because a

1163

00:49:33,830 --> 00:49:30,600

lot of mystics before you know they were

1164

00:49:35,210 --> 00:49:33,840

rather kind of elite monks and nuns you

1165

00:49:37,280 --> 00:49:35,220

know they went up into the Himalayan

1166

00:49:41,450 --> 00:49:37,290

mountains for years on end or they lived

1167

00:49:43,340 --> 00:49:41,460

in enclosed orders in Europe and that

1168

00:49:46,250 --> 00:49:43,350

what we're in now is a much more general

1169

00:49:47,960 --> 00:49:46,260

kind of spiritual revolution where all

1170

00:49:50,480 --> 00:49:47,970

sorts of people are practicing these

1171

00:49:52,460 --> 00:49:50,490

techniques but also bringing other

1172

00:49:54,470 --> 00:49:52,470

experience to it as well whether it be

1173

00:49:56,750 --> 00:49:54,480

thinking about entities whether it be

1174

00:50:00,140 --> 00:49:56,760

thinking about psychedelics a whole

1175

00:50:03,140 --> 00:50:00,150

range of experiments for experimentation

1176

00:50:06,860 --> 00:50:03,150

is going on and I think the key thing is

1177

00:50:09,140 --> 00:50:06,870

to try and discern our way through it so

1178

00:50:11,960 --> 00:50:09,150

I'm not a person I really like in this

1179

00:50:14,300 --> 00:50:11,970

area is Jeff cry fall and the

1180

00:50:16,310 --> 00:50:14,310

psychologist of religion and one of the

1181

00:50:18,560 --> 00:50:16,320

big points which he's making is to how a

1182

00:50:20,780 --> 00:50:18,570

lot of the experiences that people have

1183

00:50:24,440 --> 00:50:20,790

and whether it be in DES where there are

1184

00:50:26,960 --> 00:50:24,450

be UFOs these extended consciousness

1185

00:50:30,620 --> 00:50:26,970

experiences and they're they're always

1186

00:50:33,050 --> 00:50:30,630

reflexive and as a word this sense of

1187

00:50:35,570 --> 00:50:33,060

things which ultimately is beyond us in

1188

00:50:37,760 --> 00:50:35,580

order to take it even in some way we

1189

00:50:40,730 --> 00:50:37,770

need to take it in a in in the way that

1190

00:50:44,420 --> 00:50:40,740

we can relate to and that inevitably um

1191

00:50:47,450 --> 00:50:44,430

maybe this sort of paints it in rather

1192

00:50:49,280 --> 00:50:47,460

the to concrete colors or maybe reduces

1193

00:50:50,990 --> 00:50:49,290

it somewhat and although there's also

1194

00:50:53,330 --> 00:50:51,000

always a sense for this channeling

1195

00:50:55,460 --> 00:50:53,340

something and bigger than just the

1196

00:50:57,349 --> 00:50:55,470

immediate rapport if you like so you

1197

00:51:01,180 --> 00:50:57,359

know to NDEs have you know the comment

1198

00:51:04,700 --> 00:51:01,190

bindis about light and and gardens and

1199

00:51:07,910 --> 00:51:04,710

and beauty and so on now you know these

1200

00:51:10,910 --> 00:51:07,920

are kind of earthly images if you like

1201
00:51:12,440 --> 00:51:10,920
squared that is trying to say you know

1202
00:51:15,140 --> 00:51:12,450
something a bit like this but a whole

1203
00:51:17,599 --> 00:51:15,150
lot more besides and I think that trying

1204
00:51:21,049 --> 00:51:17,609
to discern this whole range of

1205
00:51:22,999 --> 00:51:21,059
paranormal experiences and miss very

1206
00:51:25,940 --> 00:51:23,009
much where we're at now I miss very much

1207
00:51:28,779 --> 00:51:25,950
what our task is these days trying to

1208
00:51:31,729 --> 00:51:28,789
link it with what people said before and

1209
00:51:35,870 --> 00:51:31,739
in the mystical traditions but to remake

1210
00:51:37,670 --> 00:51:35,880
it again now and so that that's how I

1211
00:51:40,579 --> 00:51:37,680
kind of understand when we're at Mary it

1212
00:51:43,670 --> 00:51:40,589
is an evolution it's like a next step

1213
00:51:45,609 --> 00:51:43,680

it's not just a recovery and sometimes

1214

00:51:48,410 --> 00:51:45,619

it's confusing sometimes it's just weird

1215

00:51:51,370 --> 00:51:48,420

sometimes it's frightening you know

1216

00:51:54,229 --> 00:51:51,380

something you talked about before but

1217

00:51:57,019 --> 00:51:54,239

it's also exciting you know this is I

1218

00:52:00,710 --> 00:51:57,029

think the spiritual leading edge of our

1219

00:52:02,779 --> 00:52:00,720

times recovering and moving on from this

1220

00:52:04,460 --> 00:52:02,789

a biological robot there's no such thing

1221

00:52:06,380 --> 00:52:04,470

as consciousness and there's a reason I

1222

00:52:08,930 --> 00:52:06,390

think why these NDA's why these UFO

1223

00:52:11,989 --> 00:52:08,940

experiences by the paranormal sigh it

1224

00:52:13,880 --> 00:52:11,999

doesn't go away but it's because it's

1225

00:52:16,190 --> 00:52:13,890

like it's this extended consciousness of

1226

00:52:17,749 --> 00:52:16,200

practicing back in on us and saying

1227

00:52:20,589 --> 00:52:17,759

you've got to make something of this

1228

00:52:22,640 --> 00:52:20,599

fear in humanity let alone anything else

1229

00:52:23,839 --> 00:52:22,650

you know that's certainly one way of

1230

00:52:26,509 --> 00:52:23,849

looking at it and I have a ton of

1231

00:52:27,829 --> 00:52:26,519

respect for Jeff I just love the work

1232

00:52:30,739 --> 00:52:27,839

that he's done and he's somebody's

1233

00:52:32,989 --> 00:52:30,749

really advanced the ball a lot but I

1234

00:52:35,900 --> 00:52:32,999

really take issue with with the basic

1235

00:52:36,829 --> 00:52:35,910

premise of it inevitably he seems to be

1236

00:52:39,499 --> 00:52:36,839

sidestepping

1237

00:52:42,289 --> 00:52:39,509

a lot of the data if we want to be

1238

00:52:45,049 --> 00:52:42,299

social scientists if we want to

1239

00:52:46,849 --> 00:52:45,059

appreciate what you're saying like with

1240

00:52:49,309 --> 00:52:46,859

Jack hunter which I appreciate he's

1241

00:52:51,229 --> 00:52:49,319

saying let's take the tools that we have

1242

00:52:53,599 --> 00:52:51,239

and let's apply them the best we can

1243

00:52:55,460 --> 00:52:53,609

similarly with the beautiful thing you

1244

00:52:58,609 --> 00:52:55,470

said about psychotherapy which i think

1245

00:53:01,880 --> 00:52:58,619

is spot-on let's take these collection

1246

00:53:04,249 --> 00:53:01,890

of techniques accounts stories and

1247

00:53:06,499 --> 00:53:04,259

that's let's use our best methods to

1248

00:53:09,680 --> 00:53:06,509

figure out what they're telling us so

1249

00:53:10,940 --> 00:53:09,690

when I hear people creep up to the edge

1250

00:53:13,160 --> 00:53:10,950

of the border

1251
00:53:15,950 --> 00:53:13,170
the near-death experience science data

1252
00:53:17,780 --> 00:53:15,960
and then say oh but now let me jump over

1253
00:53:19,579 --> 00:53:17,790
all that because clearly they have a

1254
00:53:21,319 --> 00:53:19,589
cultural overlay and they were a

1255
00:53:23,780 --> 00:53:21,329
Christian before and that's why they saw

1256
00:53:26,780 --> 00:53:23,790
Jesus and put him in sin we don't know

1257
00:53:30,079 --> 00:53:26,790
that we can't say that I think we have

1258
00:53:32,120 --> 00:53:30,089
to settle in to the social science tools

1259
00:53:34,599 --> 00:53:32,130
that we have and look at like the work

1260
00:53:37,660 --> 00:53:34,609
of Geoffrey long was medical doctor

1261
00:53:40,960 --> 00:53:37,670
oncologist works with dying all the time

1262
00:53:43,910 --> 00:53:40,970
has put together a scientific survey of

1263
00:53:46,510 --> 00:53:43,920

3000 now a near-death experiencers and

1264

00:53:48,470 --> 00:53:46,520

start sorting through those accounts and

1265

00:53:50,780 --> 00:53:48,480

understanding and correlating and

1266

00:53:52,940 --> 00:53:50,790

sifting through the data in the same way

1267

00:53:55,400 --> 00:53:52,950

that I referenced you know dr. Geoffrey

1268

00:53:57,940 --> 00:53:55,410

Martin and the transcendent experience I

1269

00:54:01,160 --> 00:53:57,950

love the fact that a Harvard trained

1270

00:54:03,290 --> 00:54:01,170

social scientists is saying let's see

1271

00:54:06,950 --> 00:54:03,300

what we can tease out of there and I'm

1272

00:54:09,890 --> 00:54:06,960

not comfortable with jeff kraebel

1273

00:54:12,380 --> 00:54:09,900

saying well it's all just kind of

1274

00:54:15,829 --> 00:54:12,390

paranormal isn't it and isn't it funny

1275

00:54:19,309 --> 00:54:15,839

how elves and this hey maybe but again

1276
00:54:20,660 --> 00:54:19,319
show me the data or acknowledge that

1277
00:54:22,730 --> 00:54:20,670
we're not going to play that game if

1278
00:54:24,109 --> 00:54:22,740
we're not gonna play that game okay but

1279
00:54:26,120 --> 00:54:24,119
then you and I don't need to be having

1280
00:54:28,339 --> 00:54:26,130
this conversation you don't need to be

1281
00:54:30,620 --> 00:54:28,349
writing books no one else needs to be

1282
00:54:34,400 --> 00:54:30,630
doing anything if we're not going to try

1283
00:54:38,569 --> 00:54:34,410
and engage with it so do you think there

1284
00:54:43,359 --> 00:54:38,579
is this lack of engagement with the

1285
00:54:46,069 --> 00:54:43,369
near-death experience data science

1286
00:54:47,210 --> 00:54:46,079
well are you better than that because

1287
00:54:48,740 --> 00:54:47,220
it's something which I've sort of

1288
00:54:53,750 --> 00:54:48,750

touched in or not you know at least

1289

00:54:55,400 --> 00:54:53,760

through your programs and I think the

1290

00:54:59,420 --> 00:54:55,410

struggle is to try and develop a

1291

00:55:01,430 --> 00:54:59,430

language that that absorbs from the past

1292

00:55:04,220 --> 00:55:01,440

that absorbs these cultural overlays but

1293

00:55:06,550 --> 00:55:04,230

does transcend them maybe a little

1294

00:55:08,930 --> 00:55:06,560

example might be useful and I just read

1295

00:55:12,800 --> 00:55:08,940

actually Jennifer's latest book which is

1296

00:55:17,000 --> 00:55:12,810

co-authored with Elizabeth click on her

1297

00:55:20,690 --> 00:55:17,010

surname it is a birth lock is it oh yeah

1298

00:55:22,670 --> 00:55:20,700

yes yes right and it's native land who

1299

00:55:25,070 --> 00:55:22,680

has this extraordinary near-death

1300

00:55:28,250 --> 00:55:25,080

experience outside of her sin

1301
00:55:30,730 --> 00:55:28,260
in Houston which happens to be blocks

1302
00:55:32,750 --> 00:55:30,740
from where Jeffrey crippled lives and as

1303
00:55:34,130 --> 00:55:32,760
chance would have it they wind up

1304
00:55:36,320 --> 00:55:34,140
writing this book together because she

1305
00:55:38,750 --> 00:55:36,330
has this really dramatic near-death

1306
00:55:43,330 --> 00:55:38,760
experience with all the usual stuff of

1307
00:55:46,340 --> 00:55:43,340
meeting God and encountering it so yeah

1308
00:55:48,110 --> 00:55:46,350
yeah great great change flash is it I

1309
00:55:50,630 --> 00:55:48,120
think yeah that's it that's it yeah yeah

1310
00:55:52,340 --> 00:55:50,640
so I read this book and one of these

1311
00:55:54,650 --> 00:55:52,350
have struck me was power Elizabeth

1312
00:55:56,060 --> 00:55:54,660
Chrome's experience of paradise her in

1313
00:55:58,610 --> 00:55:56,070

de sort of takes her to this beautiful

1314

00:56:01,400 --> 00:55:58,620

garden where she's deaf - weak s-- and

1315

00:56:03,110 --> 00:56:01,410

she learns various things and a number

1316

00:56:06,020 --> 00:56:03,120

of the things which she learns for me

1317

00:56:08,840 --> 00:56:06,030

have parallels with what Dante describes

1318

00:56:10,790 --> 00:56:08,850

in Paradise in the Divine Comedy I'm a

1319

00:56:13,130 --> 00:56:10,800

huge fan of Dante's Divine Comedy I

1320

00:56:17,690 --> 00:56:13,140

think it can be read as a kind of early

1321

00:56:20,060 --> 00:56:17,700

attempt and to describe in in in kind of

1322

00:56:22,370 --> 00:56:20,070

early modern ways the kind of things

1323

00:56:23,810 --> 00:56:22,380

which we're trying to talk about now and

1324

00:56:26,960 --> 00:56:23,820

so for example the way that she

1325

00:56:28,160 --> 00:56:26,970

describes telepathy in Paradise is

1326

00:56:30,260 --> 00:56:28,170

really interesting because it's not

1327

00:56:32,720 --> 00:56:30,270

actually just I can read your thoughts

1328

00:56:36,200 --> 00:56:32,730

and you can read my thoughts what it is

1329

00:56:38,990 --> 00:56:36,210

is that um all Minds have access to a

1330

00:56:40,670 --> 00:56:39,000

kind of big mind and she doesn't call it

1331

00:56:42,410 --> 00:56:40,680

God but you know maybe that that's the

1332

00:56:44,420 --> 00:56:42,420

words that will come to some people's

1333

00:56:47,090 --> 00:56:44,430

minds but there's a kind of universal

1334

00:56:50,720 --> 00:56:47,100

intelligence that she senses and so it's

1335

00:56:53,000 --> 00:56:50,730

triangulated through this universal

1336

00:56:55,100 --> 00:56:53,010

intelligence which she has access to in

1337

00:56:56,090 --> 00:56:55,110

Paradise and Dante says exactly the same

1338

00:56:58,100 --> 00:56:56,100

thing

1339

00:57:00,710 --> 00:56:58,110

Dante says that he realized that in

1340

00:57:03,860 --> 00:57:00,720

Paradise that his thoughts were known by

1341

00:57:04,790 --> 00:57:03,870

the Angels and the souls and Beatrice

1342

00:57:07,220 --> 00:57:04,800

and so on the people he encountered

1343

00:57:09,110 --> 00:57:07,230

because they were all sharing in this

1344

00:57:09,890 --> 00:57:09,120

kind of extended consciousness in

1345

00:57:12,140 --> 00:57:09,900

paradise

1346

00:57:14,930 --> 00:57:12,150

it was triangulated now it's just one

1347

00:57:16,340 --> 00:57:14,940

example but it really it was really

1348

00:57:18,590 --> 00:57:16,350

interesting to me that that's how its

1349

00:57:20,390 --> 00:57:18,600

structured and I thought maybe that's a

1350

00:57:24,520 --> 00:57:20,400

true thing that's beginning to come

1351
00:57:27,110 --> 00:57:24,530
through about how and this these

1352
00:57:29,180 --> 00:57:27,120
telepathic communications this extended

1353
00:57:31,070 --> 00:57:29,190
consciousness works and then it's not

1354
00:57:33,050 --> 00:57:31,080
about it's not a bit like me and you

1355
00:57:35,690 --> 00:57:33,060
speaking together is because we both

1356
00:57:37,940 --> 00:57:35,700
have access to a wider mind that it

1357
00:57:38,750 --> 00:57:37,950
shows us things or in which we see

1358
00:57:41,000 --> 00:57:38,760
things

1359
00:57:43,030 --> 00:57:41,010
maybe it's details like that which are

1360
00:57:45,650 --> 00:57:43,040
going to take us the next steps forward

1361
00:57:49,370 --> 00:57:45,660
by looking early accounts and making

1362
00:57:52,520 --> 00:57:49,380
comparisons absolutely I totally grew

1363
00:57:54,530 --> 00:57:52,530

through the one pick I would I would be

1364

00:57:57,800 --> 00:57:54,540

picky though with the word beginning

1365

00:57:59,090 --> 00:57:57,810

beginning let's go back to Plato right

1366

00:58:01,550 --> 00:57:59,100

and he's talking about the near-death

1367

00:58:04,700 --> 00:58:01,560

experience of a soldier right so these

1368

00:58:08,300 --> 00:58:04,710

are it's back to the very beginning and

1369

00:58:11,300 --> 00:58:08,310

the the you are a biological robot in a

1370

00:58:13,960 --> 00:58:11,310

meaningless universe mean as you

1371

00:58:16,580 --> 00:58:13,970

correctly pointed out is a very modern

1372

00:58:19,670 --> 00:58:16,590

once in history we can't point down

1373

00:58:21,680 --> 00:58:19,680

either part of in history or any other

1374

00:58:24,560 --> 00:58:21,690

culture that's adopted such a ridiculous

1375

00:58:26,930 --> 00:58:24,570

idea which may raise a more interesting

1376

00:58:29,330 --> 00:58:26,940

question of why why is that being

1377

00:58:32,510 --> 00:58:29,340

advanced is there a reason for that is

1378

00:58:35,480 --> 00:58:32,520

there an attempt to make us forget or

1379

00:58:39,140 --> 00:58:35,490

not remember these truths that I think

1380

00:58:43,040 --> 00:58:39,150

we know and throughout time every mystic

1381

00:58:45,830 --> 00:58:43,050

has told us oh yeah I I found it I know

1382

00:58:47,810 --> 00:58:45,840

the truth now and if we're to understand

1383

00:58:50,000 --> 00:58:47,820

the near-death experience one thing we

1384

00:58:53,240 --> 00:58:50,010

can take away from that is that is not a

1385

00:58:54,740 --> 00:58:53,250

recent phenomenon that didn't just that

1386

00:58:58,130 --> 00:58:54,750

is not a recent phenomenon that just

1387

00:59:00,650 --> 00:58:58,140

didn't start today we can be pretty

1388

00:59:02,360 --> 00:59:00,660

confident that throughout time people

1389

00:59:05,060 --> 00:59:02,370

have had these kind of experiences and

1390

00:59:08,270 --> 00:59:05,070

that might be a far better explanation

1391

00:59:11,690 --> 00:59:08,280

for what we're reading in the Christian

1392

00:59:13,550 --> 00:59:11,700

texts and why they have these parallels

1393

00:59:16,820 --> 00:59:13,560

with these other great spiritual

1394

00:59:20,900 --> 00:59:16,830

traditions I mean back to the question

1395

00:59:24,770 --> 00:59:20,910

are we missing the boat when we don't

1396

00:59:27,560 --> 00:59:24,780

start with for example the extended

1397

00:59:29,720 --> 00:59:27,570

consciousness as described from the

1398

00:59:30,980 --> 00:59:29,730

near-death experience science isn't that

1399

00:59:34,730 --> 00:59:30,990

the starting point

1400

00:59:36,620 --> 00:59:34,740

well the Plato's nd although all the

1401
00:59:38,390 --> 00:59:36,630
myth of Earth the soldier at the end of

1402
00:59:40,460 --> 00:59:38,400
the Republic that he spends a long time

1403
00:59:41,810 --> 00:59:40,470
describing it actually it's really quite

1404
00:59:44,390 --> 00:59:41,820
remarkable when you read it it's not

1405
00:59:48,050 --> 00:59:44,400
just I heard of an ende experience he he

1406
00:59:50,330 --> 00:59:48,060
describes it in great detail and but

1407
00:59:52,610 --> 00:59:50,340
what's what what seems to be coming

1408
00:59:55,670 --> 00:59:52,620
through there is that the NDE

1409
00:59:58,580 --> 00:59:55,680
that Plato describes and uses has a

1410
00:59:59,900 --> 00:59:58,590
particular meaning for that time and in

1411
01:00:03,470 --> 00:59:59,910
particular I think the meaning for that

1412
01:00:05,780 --> 01:00:03,480
time is that the soldier that has the

1413
01:00:08,420 --> 01:00:05,790

NDA he experiences a process of judgment

1414

01:00:10,820 --> 01:00:08,430

and he learns that what's really

1415

01:00:14,180 --> 01:00:10,830

important is to cultivate your own soul

1416

01:00:16,700 --> 01:00:14,190

and to choose what's good in life and to

1417

01:00:18,500 --> 01:00:16,710

refuse what's bad what's what's evil and

1418

01:00:20,570 --> 01:00:18,510

so that you can as all and make your

1419

01:00:23,660 --> 01:00:20,580

stuff ready for the next life

1420

01:00:26,510 --> 01:00:23,670

now that of Plato's time was quite a new

1421

01:00:28,730 --> 01:00:26,520

idea and it's moving on for these ideas

1422

01:00:31,010 --> 01:00:28,740

of fate you know so if you read Homer

1423

01:00:33,290 --> 01:00:31,020

and Achilles doesn't worry about the

1424

01:00:35,870 --> 01:00:33,300

goodness of his soul and McNeeley

1425

01:00:37,640 --> 01:00:35,880

worries about being a hero and that was

1426

01:00:39,080 --> 01:00:37,650

a word was the thing that would make him

1427

01:00:42,080 --> 01:00:39,090

a god that would give him immortality

1428

01:00:43,880 --> 01:00:42,090

back in homers time so I think Plato is

1429

01:00:47,060 --> 01:00:43,890

on the emergence of a new consciousness

1430

01:00:49,520 --> 01:00:47,070

which is saying a no the individual can

1431

01:00:51,320 --> 01:00:49,530

cultivate their soul so that they can as

1432

01:00:54,290 --> 01:00:51,330

a word tune in to what's good in the

1433

01:00:56,510 --> 01:00:54,300

cosmos and tune out of what's bad and

1434

01:00:59,330 --> 01:00:56,520

that this will have an impact upon their

1435

01:01:03,470 --> 01:00:59,340

future incarnations in plato's case so

1436

01:01:05,810 --> 01:01:03,480

before the agency has the nd he has a

1437

01:01:07,640 --> 01:01:05,820

meaning for Plato and he draws that

1438

01:01:09,440 --> 01:01:07,650

meaning out now we now take it for

1439

01:01:11,210 --> 01:01:09,450

granted that that's good and ill and

1440

01:01:13,400 --> 01:01:11,220

that we can live an ethical life and so

1441

01:01:16,040 --> 01:01:13,410

on as a worthy meaning of that a de has

1442

01:01:18,380 --> 01:01:16,050

passed through Plato into our general

1443

01:01:21,080 --> 01:01:18,390

sense of things but I think that vendee

1444

01:01:23,600 --> 01:01:21,090

is now are encouraging us to grapple

1445

01:01:26,150 --> 01:01:23,610

with something new that's a 100 years

1446

01:01:27,560 --> 01:01:26,160

200 years 500 years who knows when will

1447

01:01:30,950 --> 01:01:27,570

become part of everyday consciousness

1448

01:01:33,860 --> 01:01:30,960

there so that the Indies are pushing us

1449

01:01:35,990 --> 01:01:33,870

forward I think to to become more more

1450

01:01:39,140 --> 01:01:36,000

aware of different parts of what it is

1451
01:01:42,140 --> 01:01:39,150
to be human and how to live well great

1452
01:01:45,950 --> 01:01:42,150
great I guess I'm gonna pick again it

1453
01:01:49,760 --> 01:01:45,960
Plato didn't do that Plato just recorded

1454
01:01:52,550 --> 01:01:49,770
a dear death experience Plato is David

1455
01:01:54,500 --> 01:01:52,560
son fellow saying hey I just heard this

1456
01:01:56,630 --> 01:01:54,510
great near-death experience account

1457
01:01:59,120 --> 01:01:56,640
here's what I think it means regarding

1458
01:02:02,240 --> 01:01:59,130
the purpose of life so back to the idea

1459
01:02:05,540 --> 01:02:02,250
that Plato is somehow evolving our

1460
01:02:06,860 --> 01:02:05,550
consciousness what seems to be I don't

1461
01:02:09,290 --> 01:02:06,870
like that term

1462
01:02:10,490 --> 01:02:09,300
it may be just frame it better to make

1463
01:02:12,020 --> 01:02:10,500

it less conflicts I think you're right

1464

01:02:14,540 --> 01:02:12,030

you pick something right I think what

1465

01:02:16,130 --> 01:02:14,550

Plato Plato was very in tune to the

1466

01:02:18,830 --> 01:02:16,140

consciousness that was emerging at his

1467

01:02:21,860 --> 01:02:18,840

time and he creates a consciousness I

1468

01:02:23,900 --> 01:02:21,870

think that consciousness has there isn't

1469

01:02:26,510 --> 01:02:23,910

tight there's a timeless nature to it if

1470

01:02:29,180 --> 01:02:26,520

those stories have always been there and

1471

01:02:33,820 --> 01:02:29,190

there are overlay of some kind of

1472

01:02:36,890 --> 01:02:33,830

evolution I just not sure that that is

1473

01:02:40,430 --> 01:02:36,900

rock-solid in my opinion it seems like

1474

01:02:43,070 --> 01:02:40,440

we're better off going and studying that

1475

01:02:44,510 --> 01:02:43,080

NDE consciousness and then we can sort

1476

01:02:46,280 --> 01:02:44,520

and sift through it and decide what we

1477

01:02:47,660 --> 01:02:46,290

keep and what we don't keep whether

1478

01:02:49,070 --> 01:02:47,670

he'll you know you mentioned that

1479

01:02:50,870 --> 01:02:49,080

Davidson fellow interview I thought it's

1480

01:02:52,760 --> 01:02:50,880

very interesting about Hell and that

1481

01:02:55,070 --> 01:02:52,770

really riles a lot of people and

1482

01:02:57,350 --> 01:02:55,080

particularly people in the Christian

1483

01:02:59,060 --> 01:02:57,360

community and the progressive Christian

1484

01:03:01,490 --> 01:02:59,070

community want to get as far away from

1485

01:03:03,050 --> 01:03:01,500

Hell as they can and yet go read the

1486

01:03:04,610 --> 01:03:03,060

near-death experience accounts and

1487

01:03:07,520 --> 01:03:04,620

there's a significant number of them

1488

01:03:09,770 --> 01:03:07,530

that bring hell centerstage it I think

1489

01:03:12,170 --> 01:03:09,780

that's okay we have to understand that

1490

01:03:14,390 --> 01:03:12,180

they bring judgment centerstage we have

1491

01:03:16,990 --> 01:03:14,400

to understand what that means and the

1492

01:03:19,460 --> 01:03:17,000

message I think is very is very

1493

01:03:21,950 --> 01:03:19,470

anti-christian it's fundamentally

1494

01:03:24,650 --> 01:03:21,960

opposed to the Christianity that we

1495

01:03:26,960 --> 01:03:24,660

understand and that is there is no

1496

01:03:28,430 --> 01:03:26,970

judgment there is there is complete

1497

01:03:32,000 --> 01:03:28,440

judgment you are completely responsible

1498

01:03:34,700 --> 01:03:32,010

for 100% of everything that you do but

1499

01:03:36,650 --> 01:03:34,710

only you only you your soul your

1500

01:03:39,770 --> 01:03:36,660

consciousness will judge there will be

1501
01:03:42,830 --> 01:03:39,780
no judgment from any other entity source

1502
01:03:45,200 --> 01:03:42,840
or higher our higher being it only comes

1503
01:03:48,740 --> 01:03:45,210
through you and your experience with

1504
01:03:51,950 --> 01:03:48,750
Hell will be again your soul your

1505
01:03:54,110 --> 01:03:51,960
journey for whatever purpose we can

1506
01:03:57,410 --> 01:03:54,120
infer out of that these are our

1507
01:03:59,900 --> 01:03:57,420
fundamental questions about what is the

1508
01:04:01,760 --> 01:03:59,910
nature of this extended consciousness

1509
01:04:05,030 --> 01:04:01,770
realm and how it relates to our life and

1510
01:04:08,510 --> 01:04:05,040
it just seems so much more accessible

1511
01:04:11,780 --> 01:04:08,520
available and meaningful with this kind

1512
01:04:15,800 --> 01:04:11,790
of data than it does from reading these

1513
01:04:18,590 --> 01:04:15,810

old books well see hell has a history to

1514

01:04:20,059 --> 01:04:18,600

hell and didn't really exist in homers

1515

01:04:21,859 --> 01:04:20,069

time for example you know

1516

01:04:23,959 --> 01:04:21,869

Achilles goes to the underworld and

1517

01:04:26,509 --> 01:04:23,969

tries to meet up with his friend

1518

01:04:28,670 --> 01:04:26,519

Hephaestus Hephaestus is already fading

1519

01:04:30,910 --> 01:04:28,680

away he's already becoming a shade and

1520

01:04:33,829 --> 01:04:30,920

this is a terrible tragedy for Achilles

1521

01:04:35,900 --> 01:04:33,839

and so it's he's just going into this

1522

01:04:37,609 --> 01:04:35,910

sort of he's returning to the ancestors

1523

01:04:39,920 --> 01:04:37,619

was the traditional way of talking about

1524

01:04:42,680 --> 01:04:39,930

it and he'll starts to emerge in the

1525

01:04:44,779 --> 01:04:42,690

century or two before the birth of

1526

01:04:47,059 --> 01:04:44,789

Christianity and I think it starts to

1527

01:04:49,099 --> 01:04:47,069

emerge in conjunction with the birth of

1528

01:04:50,900 --> 01:04:49,109

the sense of being an individual with

1529

01:04:53,269 --> 01:04:50,910

having a connect in a life with having a

1530

01:04:55,549 --> 01:04:53,279

sense of responsibility and because that

1531

01:04:57,969 --> 01:04:55,559

brings in the notion of judgment and I

1532

01:05:00,979 --> 01:04:57,979

think at first it is conceived as

1533

01:05:02,630 --> 01:05:00,989

judgment from divine beings and so on

1534

01:05:04,430 --> 01:05:02,640

certainly what you get in the in

1535

01:05:06,680 --> 01:05:04,440

Christian text you get in Plato or as

1536

01:05:08,839 --> 01:05:06,690

well but I think what's happening now is

1537

01:05:12,140 --> 01:05:08,849

that as we become more and more aware as

1538

01:05:15,289 --> 01:05:12,150

we evolve and realize that our I am you

1539

01:05:17,870 --> 01:05:15,299

might say is there is an echo of a

1540

01:05:19,910 --> 01:05:17,880

divine I am to use the Jewish expression

1541

01:05:23,569 --> 01:05:19,920

and that there's a divine spark within

1542

01:05:25,699 --> 01:05:23,579

us that we realize that we can take

1543

01:05:27,949 --> 01:05:25,709

responsibility for our own judgment and

1544

01:05:29,719 --> 01:05:27,959

so now people have this sense very

1545

01:05:31,670 --> 01:05:29,729

powerfully that is a word they can

1546

01:05:34,729 --> 01:05:31,680

understand before a mirror and see

1547

01:05:37,519 --> 01:05:34,739

themselves and then make future choices

1548

01:05:39,469 --> 01:05:37,529

and so on based on that at that stage of

1549

01:05:41,029 --> 01:05:39,479

development might stay I'm allowed to

1550

01:05:42,380 --> 01:05:41,039

really do see stage as a developer all

1551
01:05:44,749 --> 01:05:42,390
the way through when you really start to

1552
01:05:47,269 --> 01:05:44,759
to look at um how things do have a

1553
01:05:48,529 --> 01:05:47,279
history the reason for that history to

1554
01:05:50,420 --> 01:05:48,539
come here come to the second point if I

1555
01:05:51,739 --> 01:05:50,430
can just carry on for a minute and you

1556
01:05:55,609 --> 01:05:51,749
know which I think you're also asking

1557
01:05:58,069 --> 01:05:55,619
there is that and I we brought by a kind

1558
01:05:59,839 --> 01:05:58,079
of Neoplatonic vision which you know

1559
01:06:02,299 --> 01:05:59,849
comes from about the fifth century AD

1560
01:06:04,930 --> 01:06:02,309
and started to emerge about that time

1561
01:06:06,920 --> 01:06:04,940
which is that there's been a kind of

1562
01:06:08,839 --> 01:06:06,930
originally as it were there wasn't a big

1563
01:06:11,120 --> 01:06:08,849

bang there was what what the near plane

1564

01:06:12,620 --> 01:06:11,130

is called the warm and which was a kind

1565

01:06:15,019 --> 01:06:12,630

of fullness of everything and it was

1566

01:06:17,420 --> 01:06:15,029

completely United and but was also

1567

01:06:19,999 --> 01:06:17,430

completely excessive and couldn't but

1568

01:06:22,430 --> 01:06:20,009

help sort of overspill itself and over

1569

01:06:25,279 --> 01:06:22,440

spilled itself in in ripples as a word

1570

01:06:27,769 --> 01:06:25,289

that became the universe as we know it

1571

01:06:29,569 --> 01:06:27,779

but the trouble with that was that the

1572

01:06:32,329 --> 01:06:29,579

further that these ripples moved away

1573

01:06:33,920 --> 01:06:32,339

from the one and the more and they lost

1574

01:06:37,279 --> 01:06:33,930

touch with the one as well

1575

01:06:39,140 --> 01:06:37,289

and so things like evil and so on start

1576

01:06:40,730 --> 01:06:39,150

to appear a sense of alienation a sense

1577

01:06:43,099 --> 01:06:40,740

of fullness of your lights start to

1578

01:06:45,470 --> 01:06:43,109

appear and that the great story is of

1579

01:06:48,380 --> 01:06:45,480

the one reaching out back in and

1580

01:06:52,160 --> 01:06:48,390

gathering us as it were all to return

1581

01:06:54,079 --> 01:06:52,170

but with this amazing diversity that's

1582

01:06:56,240 --> 01:06:54,089

going to return as well and so it's not

1583

01:06:58,730 --> 01:06:56,250

just as a return to the old state and

1584

01:07:00,470 --> 01:06:58,740

it's this spiral up and so that we will

1585

01:07:02,990 --> 01:07:00,480

know what the particular and the

1586

01:07:04,849 --> 01:07:03,000

universal is mirrored together will know

1587

01:07:07,609 --> 01:07:04,859

this non-dual consciousness you might

1588

01:07:09,769 --> 01:07:07,619

stay and so there's a tremendous gain as

1589

01:07:12,410 --> 01:07:09,779

well as all the struggle and suffering

1590

01:07:14,120 --> 01:07:12,420

that goes on on the way oh that's that's

1591

01:07:16,700 --> 01:07:14,130

my best sense of a kind of the really

1592

01:07:19,640 --> 01:07:16,710

big story a really big spiritual story

1593

01:07:20,960 --> 01:07:19,650

and that tries to understand why there's

1594

01:07:22,279 --> 01:07:20,970

all this mess all the way why there's

1595

01:07:23,690 --> 01:07:22,289

all this struggle why there's all these

1596

01:07:25,839 --> 01:07:23,700

debates what's that what's that all

1597

01:07:32,359 --> 01:07:29,779

awesome Edie you've been you've been

1598

01:07:36,170 --> 01:07:32,369

extremely open as I knew you would be

1599

01:07:38,420 --> 01:07:36,180

we're jumping way off but not really

1600

01:07:40,370 --> 01:07:38,430

from this new book that people are going

1601
01:07:43,099 --> 01:07:40,380
to want to check out and again you can

1602
01:07:45,589 --> 01:07:43,109
pre-order right now on Amazon a secret

1603
01:07:48,470 --> 01:07:45,599
history of Christianity and we're

1604
01:07:51,620 --> 01:07:48,480
getting into I think some of the

1605
01:07:53,450 --> 01:07:51,630
thinking that went into and evolved on

1606
01:07:55,460 --> 01:07:53,460
your part before writing this book so

1607
01:07:57,339 --> 01:07:55,470
I'm going to really stretch you on this

1608
01:08:00,620 --> 01:07:57,349
last one because I think it relates to

1609
01:08:02,960 --> 01:08:00,630
your cosmology that you were just laying

1610
01:08:05,299 --> 01:08:02,970
out there and it's really a hot-button

1611
01:08:07,190 --> 01:08:05,309
issue for me and that is ET

1612
01:08:09,170 --> 01:08:07,200
consciousness and you already alluded to

1613
01:08:13,010 --> 01:08:09,180

jeff kraebel who's open to the idea of

1614

01:08:15,680 --> 01:08:13,020

ufos and to me it's like oh boy it's

1615

01:08:19,249 --> 01:08:15,690

another one of those materialism is

1616

01:08:22,120 --> 01:08:19,259

baloney things it's like ET is just a

1617

01:08:25,280 --> 01:08:22,130

reality so many people haven't even

1618

01:08:29,539 --> 01:08:25,290

understood that this is now disclosed

1619

01:08:31,910 --> 01:08:29,549

right December 2017 new york times

1620

01:08:36,079 --> 01:08:31,920

defense department comes out and says

1621

01:08:40,220 --> 01:08:36,089

yes it's real we have we have it we have

1622

01:08:41,570 --> 01:08:40,230

it here are the most senior officials in

1623

01:08:45,019 --> 01:08:41,580

the military and they'll tell you all

1624

01:08:47,519 --> 01:08:45,029

these accounts here are our videos of ET

1625

01:08:49,620 --> 01:08:47,529

i interviewed kevin day who

1626

01:08:52,379 --> 01:08:49,630

was one of the people in that video

1627

01:08:54,269 --> 01:08:52,389

responsible for that video that had I

1628

01:08:57,629 --> 01:08:54,279

shouldn't say responsible for the video

1629

01:08:59,760 --> 01:08:57,639

he was on board one of the ships and he

1630

01:09:02,459 --> 01:08:59,770

was like the top gun controller of all

1631

01:09:06,450 --> 01:09:02,469

the radar and other information that led

1632

01:09:10,200 --> 01:09:06,460

the pilots to go encounter the et or the

1633

01:09:12,599 --> 01:09:10,210

UFO and he had a direct experience by

1634

01:09:15,209 --> 01:09:12,609

going up on deck and seeing it all this

1635

01:09:18,089 --> 01:09:15,219

is a backdrop to saying to kind of

1636

01:09:21,779 --> 01:09:18,099

justify that I would even put up on the

1637

01:09:24,539 --> 01:09:21,789

screen et consciousness know the

1638

01:09:25,079 --> 01:09:24,549

absurdity is that we can't talk about

1639

01:09:31,740 --> 01:09:25,089

this

1640

01:09:36,180 --> 01:09:31,750

we have to fully understand it you know

1641

01:09:38,849 --> 01:09:36,190

I just talked to Ray Hernandez who has

1642

01:09:41,459 --> 01:09:38,859

to be credited with saying okay this is

1643

01:09:44,240 --> 01:09:41,469

a reality let's go out and do some

1644

01:09:49,430 --> 01:09:44,250

social science work do a professional

1645

01:09:51,930 --> 01:09:49,440

scientific survey which he did with dr.

1646

01:09:54,899 --> 01:09:51,940

olio sprinkle I think is maybe the only

1647

01:09:57,720 --> 01:09:54,909

senior PhDs from Harvard and from other

1648

01:10:01,770 --> 01:09:57,730

places again did a professional survey

1649

01:10:05,339 --> 01:10:01,780

of what these experiences are and so I

1650

01:10:09,330 --> 01:10:05,349

want to bring that on the table without

1651
01:10:13,169 --> 01:10:09,340
a chuckle without a grin and just say we

1652
01:10:16,830 --> 01:10:13,179
have to understand what this means in

1653
01:10:19,979 --> 01:10:16,840
terms of this extended consciousness as

1654
01:10:23,279 --> 01:10:19,989
it relates to these other non-human

1655
01:10:27,089 --> 01:10:23,289
intelligences that seem to have a lot to

1656
01:10:29,580 --> 01:10:27,099
do or a lot to say about this extended

1657
01:10:31,830 --> 01:10:29,590
realm they're doing a screening of our

1658
01:10:33,839 --> 01:10:31,840
memories they're doing telepathy and the

1659
01:10:35,760 --> 01:10:33,849
way that you so beautifully talked about

1660
01:10:38,100 --> 01:10:35,770
in Elizabeth's near-death experience

1661
01:10:40,080 --> 01:10:38,110
they seem in some strange way like

1662
01:10:42,299 --> 01:10:40,090
you're alluding to crippled that that

1663
01:10:44,040 --> 01:10:42,309

cry pool is kind of reaching for and

1664

01:10:46,740 --> 01:10:44,050

others Jacques Vallee and others are

1665

01:10:49,529 --> 01:10:46,750

reaching for is like wow these extended

1666

01:10:51,600 --> 01:10:49,539

realms seem to be somehow related I

1667

01:10:53,879 --> 01:10:51,610

think that's a misstep I don't think

1668

01:10:56,450 --> 01:10:53,889

we're ready to say they're related I

1669

01:10:59,430 --> 01:10:56,460

think the main message is that our

1670

01:11:00,800 --> 01:10:59,440

reality what we're calling reality over

1671

01:11:03,700 --> 01:11:00,810

here

1672

01:11:07,370 --> 01:11:03,710

is for lack of a better term a lesser

1673

01:11:10,640 --> 01:11:07,380

reality and we're viewing everything in

1674

01:11:14,720 --> 01:11:10,650

a hamstrung way because we're looking at

1675

01:11:18,050 --> 01:11:14,730

it from the lesser reality so let's talk

1676

01:11:20,360 --> 01:11:18,060

about ET consciousness in I know you've

1677

01:11:22,180 --> 01:11:20,370

thought about it a little what are you

1678

01:11:24,770 --> 01:11:22,190

what are your thoughts how is this

1679

01:11:28,100 --> 01:11:24,780

relevant and how should it be relevant

1680

01:11:29,780 --> 01:11:28,110

for someone who's trying to kind of

1681

01:11:33,470 --> 01:11:29,790

understand things from this deeper

1682

01:11:37,430 --> 01:11:33,480

spiritual perspective well the thought

1683

01:11:39,650 --> 01:11:37,440

that comes to mind with a film arrival I

1684

01:11:41,690 --> 01:11:39,660

didn't if you saw the film arrival but I

1685

01:11:44,660 --> 01:11:41,700

thought it was just amazingly prophetic

1686

01:11:46,870 --> 01:11:44,670

film because for me it captured

1687

01:11:51,200 --> 01:11:46,880

something of what it might be like to

1688

01:11:53,600 --> 01:11:51,210

encounter an intelligent consciousness

1689

01:11:56,660 --> 01:11:53,610

from another place that's you know as a

1690

01:11:58,520 --> 01:11:56,670

word far superior to our own and what

1691

01:12:02,090 --> 01:11:58,530

that might be like you know so the film

1692

01:12:04,670 --> 01:12:02,100

in the film the et sort of globes appear

1693

01:12:07,310 --> 01:12:04,680

they're not Globes long shapes almond

1694

01:12:10,640 --> 01:12:07,320

shapes in the sky and the military kind

1695

01:12:13,550 --> 01:12:10,650

of put up cordons around them and the

1696

01:12:15,080 --> 01:12:13,560

the world goes into meltdown and the

1697

01:12:17,840 --> 01:12:15,090

story focuses on this one scientist

1698

01:12:21,350 --> 01:12:17,850

who's trying to learn to speak to to the

1699

01:12:23,300 --> 01:12:21,360

in to the et and what she learns is that

1700

01:12:25,040 --> 01:12:23,310

they're trying to show her something and

1701

01:12:26,840 --> 01:12:25,050

then particularly trying to show her

1702

01:12:29,240 --> 01:12:26,850

something about the nature of time and

1703

01:12:31,760 --> 01:12:29,250

that as she learns their language her

1704

01:12:33,830 --> 01:12:31,770

consciousness itself shifts and she

1705

01:12:36,980 --> 01:12:33,840

realizes that she was already caught up

1706

01:12:39,230 --> 01:12:36,990

in a set of experiences the seem like

1707

01:12:41,480 --> 01:12:39,240

precognitive dreams or flashbacks

1708

01:12:43,340 --> 01:12:41,490

flash-forward she wasn't sure and but

1709

01:12:46,820 --> 01:12:43,350

gradually she puts it together Fuger

1710

01:12:49,160 --> 01:12:46,830

encounters with the et and her you know

1711

01:12:51,380 --> 01:12:49,170

her her own consciousness massively

1712

01:12:53,150 --> 01:12:51,390

expands because of the encounters with

1713

01:12:55,730 --> 01:12:53,160

it with the et and I thought it

1714

01:13:00,950 --> 01:12:55,740

beautifully prophetic because I think if

1715

01:13:02,870 --> 01:13:00,960

we undo less covertly have encounters

1716

01:13:05,210 --> 01:13:02,880

with extraterrestrials at some point

1717

01:13:07,340 --> 01:13:05,220

it's very likely that it's going to be

1718

01:13:08,960 --> 01:13:07,350

something like that and that the way we

1719

01:13:11,030 --> 01:13:08,970

talk about time the way we talk about

1720

01:13:14,270 --> 01:13:11,040

beauty the way we talk about mathematics

1721

01:13:15,080 --> 01:13:14,280

all these ways that we try and formalize

1722

01:13:16,880 --> 01:13:15,090

our own in

1723

01:13:18,560 --> 01:13:16,890

our intensive engagement with the

1724

01:13:20,660 --> 01:13:18,570

world's our own consciousness it's gonna

1725

01:13:23,450 --> 01:13:20,670

be massively challenged but I guess

1726

01:13:25,040 --> 01:13:23,460

massively expanded as well because to

1727

01:13:27,350 --> 01:13:25,050

get here those ETS are going to have to

1728

01:13:30,020 --> 01:13:27,360

have a beautiful further down the line

1729

01:13:33,200 --> 01:13:30,030

you might say than we are and so it's

1730

01:13:34,490 --> 01:13:33,210

gonna be probably terrifying and deeply

1731

01:13:37,160 --> 01:13:34,500

unsettling as these things always are

1732

01:13:39,350 --> 01:13:37,170

but with luck maybe even the film's like

1733

01:13:41,630 --> 01:13:39,360

a rival will prepare us for that much

1734

01:13:43,570 --> 01:13:41,640

much more well what if we're already

1735

01:13:45,680 --> 01:13:43,580

there I mean that to me is the

1736

01:13:48,050 --> 01:13:45,690

overwhelming evidence we're already

1737

01:13:50,570 --> 01:13:48,060

there tens of thousands hundreds of

1738

01:13:53,090 --> 01:13:50,580

thousands millions of people have had

1739

01:13:54,710 --> 01:13:53,100

encounter experiences they haven't been

1740

01:13:59,240 --> 01:13:54,720

allowed to talk about it because there

1741

01:14:02,150 --> 01:13:59,250

is this incredible truth embargo I hate

1742

01:14:03,830 --> 01:14:02,160

that term but it kind of fits on talking

1743

01:14:06,200 --> 01:14:03,840

about these accounts you know was

1744

01:14:08,120 --> 01:14:06,210

referencing a minute ago the the book by

1745

01:14:10,010 --> 01:14:08,130

Rey Hernandez again so you go out you

1746

01:14:12,410 --> 01:14:10,020

just start collecting data and people

1747

01:14:15,860 --> 01:14:12,420

start telling you yes this encounter

1748

01:14:18,740 --> 01:14:15,870

that encounter generational you know

1749

01:14:20,930 --> 01:14:18,750

across multiple witnesses and I love

1750

01:14:23,450 --> 01:14:20,940

what you're saying in a sense but I'm

1751

01:14:25,820 --> 01:14:23,460

hoping you can connect this with the

1752

01:14:28,430 --> 01:14:25,830

book one and the Christian experience

1753

01:14:30,260 --> 01:14:28,440

the Christ consciousness experience why

1754

01:14:33,260 --> 01:14:30,270

isn't that showing up in the Christ

1755

01:14:35,540 --> 01:14:33,270

consciousness experience or how is it

1756

01:14:38,360 --> 01:14:35,550

showing up and I think I'd also like to

1757

01:14:41,810 --> 01:14:38,370

connect it with this idea of evolution

1758

01:14:44,390 --> 01:14:41,820

because ET is fundamentally challenging

1759

01:14:47,360 --> 01:14:44,400

our understanding of the evolutionary

1760

01:14:50,060 --> 01:14:47,370

timeline and their role in that timeline

1761

01:14:52,760 --> 01:14:50,070

in the past and their role in that

1762

01:14:56,600 --> 01:14:52,770

timeline in the future and again this

1763

01:14:59,360 --> 01:14:56,610

isn't a what-if if it happens kind of

1764

01:15:02,630 --> 01:14:59,370

thing that what the data is telling us

1765

01:15:06,470 --> 01:15:02,640

is it has already happened and we're

1766

01:15:08,090 --> 01:15:06,480

just not willing to look so I guess my

1767

01:15:10,910 --> 01:15:08,100

understanding of that would be the what

1768

01:15:13,430 --> 01:15:10,920

has already happened is caught up with

1769

01:15:15,710 --> 01:15:13,440

this struggle that people have to make

1770

01:15:17,420 --> 01:15:15,720

sense that what's happens and that's not

1771

01:15:19,850 --> 01:15:17,430

just about as a word pinning down the

1772

01:15:22,580 --> 01:15:19,860

facts because I think that encountering

1773

01:15:24,830 --> 01:15:22,590

such threats or is also to encounter a

1774

01:15:26,930 --> 01:15:24,840

kind of consciousness that's not

1775

01:15:28,549 --> 01:15:26,940

immediate and every day the director

1776

01:15:31,729 --> 01:15:28,559

seems to suggest that as well

1777

01:15:34,069 --> 01:15:31,739

so it's this very early stage which can

1778

01:15:35,810 --> 01:15:34,079

sound sometimes a bit like madness and

1779

01:15:37,819 --> 01:15:35,820

some sense sometimes sound a bit like a

1780

01:15:39,200 --> 01:15:37,829

transcendent experience you know that's

1781

01:15:41,689 --> 01:15:39,210

that's what it's like when our own

1782

01:15:44,839 --> 01:15:41,699

consciousness is challenged and so this

1783

01:15:46,520 --> 01:15:44,849

is a lot of that going on and but as it

1784

01:15:48,890 --> 01:15:46,530

develops so maybe as it becomes more

1785

01:15:50,569 --> 01:15:48,900

overt and less covert and people are

1786

01:15:53,209 --> 01:15:50,579

able to talk about it and the

1787

01:15:55,850 --> 01:15:53,219

researchers are able to unpack it that

1788

01:15:57,290 --> 01:15:55,860

stage more it'll be very interesting for

1789

01:16:00,229 --> 01:15:57,300

me and maybe it will be a challenge for

1790

01:16:02,990 --> 01:16:00,239

me as well to see whether for example I

1791

01:16:05,270 --> 01:16:03,000

don't think that it is going to talk

1792

01:16:07,399 --> 01:16:05,280

about Christ you know with with a

1793

01:16:09,649 --> 01:16:07,409

capital C as it were but maybe they'll

1794

01:16:12,470 --> 01:16:09,659

all talk about things that are like the

1795

01:16:15,049 --> 01:16:12,480

law goes which is this the more mystical

1796

01:16:17,419 --> 01:16:15,059

principle this behind the crisis that

1797

01:16:19,399 --> 01:16:17,429

Christians relate to and the more Goss

1798

01:16:22,040 --> 01:16:19,409

is this underlying principle this

1799

01:16:25,040 --> 01:16:22,050

tendency took order and - rhythm -

1800

01:16:27,140 --> 01:16:25,050

pattern - Direction mean on the one hand

1801

01:16:29,600 --> 01:16:27,150

it creates a sense that there's some

1802

01:16:31,399 --> 01:16:29,610

sort of rationality and there cosmos in

1803

01:16:34,040 --> 01:16:31,409

another way and it's much more like a

1804

01:16:35,689 --> 01:16:34,050

pulse of life than a draw a tendency and

1805

01:16:38,149 --> 01:16:35,699

attraction towards that which is

1806

01:16:41,479 --> 01:16:38,159

beautiful and good and so you know if

1807

01:16:44,209 --> 01:16:41,489

the ETA encounters develop and it turns

1808

01:16:47,089 --> 01:16:44,219

out that our consciousness can match in

1809

01:16:50,540 --> 01:16:47,099

some way that sense that they have - and

1810

01:16:52,430 --> 01:16:50,550

the universe does have a meaning to put

1811

01:16:53,959 --> 01:16:52,440

it no more generally than that and

1812

01:16:55,720 --> 01:16:53,969

that's going to be fascinating because

1813

01:16:58,339 --> 01:16:55,730

that will be something which our

1814

01:17:00,919 --> 01:16:58,349

ancestors and ourselves have detected

1815

01:17:03,319 --> 01:17:00,929

and had tried to articulate and if that

1816

01:17:05,479 --> 01:17:03,329

matches up with what they're telling us

1817

01:17:08,240 --> 01:17:05,489

as well then that will be you know

1818

01:17:09,439 --> 01:17:08,250

tremendous confirmation let alone the

1819

01:17:11,930 --> 01:17:09,449

next steps of the addition of

1820

01:17:15,020 --> 01:17:11,940

consciousness so here's what the data is

1821

01:17:18,020 --> 01:17:15,030

telling me here's my hunch at this point

1822

01:17:19,549 --> 01:17:18,030

and I can't totally back this up there

1823

01:17:22,279 --> 01:17:19,559

are these multiple extended

1824

01:17:24,709 --> 01:17:22,289

consciousness realms and they are the

1825

01:17:27,470 --> 01:17:24,719

greater reality and we will always be

1826
01:17:29,930 --> 01:17:27,480
limited from our reality because it's a

1827
01:17:32,000 --> 01:17:29,940
lesser reality just like people that go

1828
01:17:34,010 --> 01:17:32,010
and have the information downloads in

1829
01:17:36,379 --> 01:17:34,020
these extended realms and then return

1830
01:17:39,229 --> 01:17:36,389
and say when I was onboard the ship I

1831
01:17:40,910 --> 01:17:39,239
knew everything now I don't people have

1832
01:17:42,330 --> 01:17:40,920
a near-death experience and they say I

1833
01:17:45,020 --> 01:17:42,340
talked to God before

1834
01:17:49,470 --> 01:17:45,030
question can even be asked it was in my

1835
01:17:52,050 --> 01:17:49,480
in my knowledge in my I knew it but when

1836
01:17:55,589 --> 01:17:52,060
I came back it was gone so again a

1837
01:17:57,750 --> 01:17:55,599
lesser reality down here what troubles

1838
01:18:00,540 --> 01:17:57,760

me and what I work on is the idea that

1839

01:18:03,990 --> 01:18:00,550

the et consciousness is somehow

1840

01:18:06,419 --> 01:18:04,000

fundamentally different than the realms

1841

01:18:09,180 --> 01:18:06,429

of consciousness described as Christ

1842

01:18:11,669 --> 01:18:09,190

consciousness and described as the NDE

1843

01:18:15,419 --> 01:18:11,679

consciousness and that there may be this

1844

01:18:18,720 --> 01:18:15,429

pure form of truly a god-like

1845

01:18:20,970 --> 01:18:18,730

consciousness if you will and there may

1846

01:18:23,879 --> 01:18:20,980

be people who are playing in the gray

1847

01:18:27,270 --> 01:18:23,889

zone just like they do on this world and

1848

01:18:30,450 --> 01:18:27,280

are into deception trickster or just

1849

01:18:34,050 --> 01:18:30,460

evolving towards something and something

1850

01:18:39,270 --> 01:18:34,060

greater or something lesser and that we

1851

01:18:41,760 --> 01:18:39,280

may be mistaken those and again my gripe

1852

01:18:44,760 --> 01:18:41,770

or my complaint with Jeff is

1853

01:18:46,649 --> 01:18:44,770

when we get so excited by the extended

1854

01:18:48,780 --> 01:18:46,659

consciousness realms that we say oh my

1855

01:18:51,510 --> 01:18:48,790

gosh isn't it exciting how they all the

1856

01:18:54,629 --> 01:18:51,520

paranormal is is paranormal it all fits

1857

01:18:56,970 --> 01:18:54,639

together maybe not you know maybe there

1858

01:18:59,550 --> 01:18:56,980

is an aspect of this that stands apart

1859

01:19:01,740 --> 01:18:59,560

and I don't know if you've thought about

1860

01:19:06,959 --> 01:19:01,750

that or if you have any ideas along the

1861

01:19:09,720 --> 01:19:06,969

lines of deception and do we is Christ

1862

01:19:12,240 --> 01:19:09,730

consciousness does it stand apart from

1863

01:19:14,100 --> 01:19:12,250

these other extended consciousness

1864

01:19:15,950 --> 01:19:14,110

realms including shamanic realms or

1865

01:19:19,260 --> 01:19:15,960

whatever you want to include in there

1866

01:19:21,419 --> 01:19:19,270

well it's a big question again but maybe

1867

01:19:23,629 --> 01:19:21,429

just to throw in some thoughts from what

1868

01:19:26,040 --> 01:19:23,639

I've got from Dante's Divine Comedy

1869

01:19:28,709 --> 01:19:26,050

because if he goes through these you

1870

01:19:32,010 --> 01:19:28,719

know three realms broadly speaking he'll

1871

01:19:34,890 --> 01:19:32,020

purgatory and paradise and in Herald was

1872

01:19:37,050 --> 01:19:34,900

lost of trickster stuff going on there's

1873

01:19:39,510 --> 01:19:37,060

actual sort of demons that he encounters

1874

01:19:40,950 --> 01:19:39,520

but even the souls that he encounters

1875

01:19:42,600 --> 01:19:40,960

down there he learns that actually

1876

01:19:44,850 --> 01:19:42,610

they're telling him one thing but

1877

01:19:46,260 --> 01:19:44,860

they're fooling him in another way as

1878

01:19:49,080 --> 01:19:46,270

well and it's it's

1879

01:19:51,600 --> 01:19:49,090

as he learns to discern that and that

1880

01:19:53,520 --> 01:19:51,610

he's able then to move in the story to

1881

01:19:55,600 --> 01:19:53,530

the next level which is the purgatorial

1882

01:19:58,120 --> 01:19:55,610

level which is when as a

1883

01:20:00,129 --> 01:19:58,130

he works much more on his own the

1884

01:20:02,620 --> 01:20:00,139

purification if you like of his own and

1885

01:20:05,830 --> 01:20:02,630

capacities to see and to understand and

1886

01:20:07,870 --> 01:20:05,840

to discern and then when that is sort of

1887

01:20:09,760 --> 01:20:07,880

good enough and he's able to move into

1888

01:20:12,160 --> 01:20:09,770

the paradise but it doesn't stop in

1889

01:20:13,840 --> 01:20:12,170

paradise it's either going up through

1890

01:20:17,649 --> 01:20:13,850

the different spheres of paradise for

1891

01:20:19,270 --> 01:20:17,659

Dante is a constant process of letting

1892

01:20:21,160 --> 01:20:19,280

go what he thought had been the case

1893

01:20:23,290 --> 01:20:21,170

before or seeing it was a pale

1894

01:20:26,310 --> 01:20:23,300

reflection just the kind of shadow or a

1895

01:20:30,070 --> 01:20:26,320

working model of things in order to rise

1896

01:20:31,840 --> 01:20:30,080

closer and closer to the divine and I

1897

01:20:33,820 --> 01:20:31,850

don't know how long that model will not

1898

01:20:36,700 --> 01:20:33,830

ask but it seems to me to be a pretty

1899

01:20:38,229 --> 01:20:36,710

good model actually that you know we we

1900

01:20:39,609 --> 01:20:38,239

definitely we should be aware of the

1901

01:20:40,629 --> 01:20:39,619

tricksters which should be aware of

1902

01:20:43,359 --> 01:20:40,639

those who are in the gray zone

1903

01:20:46,180 --> 01:20:43,369

it's about discerning I'm about

1904

01:20:49,240 --> 01:20:46,190

cultivating ourselves through virtues

1905

01:20:51,820 --> 01:20:49,250

and and so on and also that we can see

1906

01:20:53,919 --> 01:20:51,830

facing off is facing our struggles you

1907

01:20:56,050 --> 01:20:53,929

know that we can move up these different

1908

01:20:57,939 --> 01:20:56,060

realms but even when we're in the in the

1909

01:21:00,939 --> 01:20:57,949

sort of transcendent realm I think that

1910

01:21:03,129 --> 01:21:00,949

process continues still and it will be a

1911

01:21:06,280 --> 01:21:03,139

constant process of letting go and being

1912

01:21:08,500 --> 01:21:06,290

open to what's new but step by step you

1913

01:21:10,750 --> 01:21:08,510

bother sort of be able to rise - it's

1914

01:21:13,030 --> 01:21:10,760

not just I don't think sort of magic

1915

01:21:14,649 --> 01:21:13,040

well maybe if it is magic suddenly

1916

01:21:15,729 --> 01:21:14,659

you're the put the point that's when

1917

01:21:17,709 --> 01:21:15,739

you're not going to be able to take it

1918

01:21:19,300 --> 01:21:17,719

in at all that's the optimum moment

1919

01:21:21,970 --> 01:21:19,310

where we can you come back dandy again

1920

01:21:23,800 --> 01:21:21,980

you think what was that I can't begin to

1921

01:21:25,120 --> 01:21:23,810

talk about it at all

1922

01:21:27,640 --> 01:21:25,130

you know that's that's the moment of

1923

01:21:30,370 --> 01:21:27,650

forgetting the download just empties a

1924

01:21:33,640 --> 01:21:30,380

habit that was awesome I really like

1925

01:21:35,669 --> 01:21:33,650

that so mark I really appreciate all

1926

01:21:38,140 --> 01:21:35,679

that I think that's very very

1927

01:21:40,570 --> 01:21:38,150

interesting to me and I think you're

1928

01:21:42,959 --> 01:21:40,580

right on so many points but I'll just

1929

01:21:46,300 --> 01:21:42,969

leave it sit there without recapping

1930

01:21:48,729 --> 01:21:46,310

again tell us what else is going on with

1931

01:21:51,760 --> 01:21:48,739

a secret history of Christianity again

1932

01:21:53,800 --> 01:21:51,770

out in August is that right for us here

1933

01:21:54,850 --> 01:21:53,810

the US will be able to buy it and what

1934

01:21:58,359 --> 01:21:54,860

else is going on with your other

1935

01:22:00,580 --> 01:21:58,369

projects you do tremendous work in terms

1936

01:22:04,240 --> 01:22:00,590

of speaking engagements all around the

1937

01:22:05,890 --> 01:22:04,250

UK what's what else is on your plate and

1938

01:22:08,920 --> 01:22:05,900

what people might find interesting about

1939

01:22:11,110 --> 01:22:08,930

what you're doing yeah thanks

1940

01:22:13,030 --> 01:22:11,120

at the end of August and there's quite a

1941

01:22:15,160 --> 01:22:13,040

lot of stuff on my own website Marvin

1942

01:22:16,780 --> 01:22:15,170

and calm I've made some little short

1943

01:22:19,690 --> 01:22:16,790

films as well there just to try and get

1944

01:22:22,750 --> 01:22:19,700

the basic ideas in Barfield across which

1945

01:22:26,710 --> 01:22:22,760

these evolutionary ideas a bit on Rudolf

1946

01:22:28,750 --> 01:22:26,720

Steiner as well I continue to do the

1947

01:22:31,710 --> 01:22:28,760

discussions with Rupert Rupert Sheldrake

1948

01:22:34,810 --> 01:22:31,720

we've got more of those coming up and

1949

01:22:36,370 --> 01:22:34,820

you know very much in the same domain as

1950

01:22:38,320 --> 01:22:36,380

you I think trying to develop the

1951

01:22:39,820 --> 01:22:38,330

conversation because I think it's only

1952

01:22:41,380 --> 01:22:39,830

when we have these wrestling's with

1953

01:22:43,660 --> 01:22:41,390

words when we try and look at the data

1954

01:22:46,030 --> 01:22:43,670

and we try and look at what older texts

1955

01:22:48,130 --> 01:22:46,040

can tell us can illuminate and also

1956

01:22:49,930 --> 01:22:48,140

reflect on our own experience you know

1957

01:22:53,230 --> 01:22:49,940

this is very much the cutting edge of

1958

01:22:54,310 --> 01:22:53,240

witnesses of all that this spiritual

1959

01:22:56,650 --> 01:22:54,320

development and this trying to

1960

01:22:58,570 --> 01:22:56,660

understand extended consciousness and do

1961

01:23:00,610 --> 01:22:58,580

not be trapped you know as you put it so

1962

01:23:02,620 --> 01:23:00,620

well in the bad protocol robot model and

1963

01:23:04,510 --> 01:23:02,630

so you know I really appreciate that all

1964

01:23:06,760 --> 01:23:04,520

you do and the conversations that you

1965

01:23:10,480 --> 01:23:06,770

spark as well and I think it's all part

1966

01:23:11,920 --> 01:23:10,490

of this whole effort to try and you know

1967

01:23:14,110 --> 01:23:11,930

to expand things to grow our

1968

01:23:17,350 --> 01:23:14,120

imaginations that's a bill to the ceilin

1969

01:23:20,500 --> 01:23:17,360

Seymour well terrific it's certainly

1970

01:23:22,060 --> 01:23:20,510

been a incredible joy for me to have

1971

01:23:25,090 --> 01:23:22,070

these kind of conversations because

1972

01:23:27,340 --> 01:23:25,100

they're they're few and far between and

1973

01:23:29,230 --> 01:23:27,350

and I just love to have them it's been

1974

01:23:32,110 --> 01:23:29,240

great having around thanks so much for

1975

01:23:34,000 --> 01:23:32,120

joining me on sceptical thanks so much

1976

01:23:35,800 --> 01:23:34,010

to Marc for joining me today on skeptic

1977

01:23:37,630 --> 01:23:35,810

Oh check out his book check out his

1978

01:23:39,760 --> 01:23:37,640

website they'll be links to that in the

1979

01:23:41,650 --> 01:23:39,770

show notes and it allow me to tee up one

1980

01:23:43,930 --> 01:23:41,660

question for this interview if you'd

1981

01:23:46,540 --> 01:23:43,940

like to join me on The Skeptical forum

1982

01:23:50,110 --> 01:23:46,550

and discuss it I will be there and I'll

1983

01:23:52,780 --> 01:23:50,120

be happy and delighted actually if you

1984

01:23:54,970 --> 01:23:52,790

would join me and other folks and hash

1985

01:23:59,080 --> 01:23:54,980

out this question the question I have to

1986

01:24:02,500 --> 01:23:59,090

pick on is do you think there has been

1987

01:24:05,140 --> 01:24:02,510

an evolution of consciousness and do you

1988

01:24:09,090 --> 01:24:05,150

think it's tied to Christianity is it

1989

01:24:12,550 --> 01:24:09,100

pivotal on that 2000 year ago date as

1990

01:24:14,380 --> 01:24:12,560

Marc suggests I think you already know

1991

01:24:16,930 --> 01:24:14,390

my opinion but I'd love to hear your

1992

01:24:19,990 --> 01:24:16,940

thoughts again the place to do it is

1993

01:24:21,790 --> 01:24:20,000

through this sceptical forum as always

1994

01:24:22,389 --> 01:24:21,800

be sure to check out the skeptic Oh

1995

01:24:24,759 --> 01:24:22,399

website

1996

01:24:29,109 --> 01:24:24,769

where you can find over 400 interviews

1997

01:24:31,899 --> 01:24:29,119

available for free for download to enjoy

1998

01:24:34,419 --> 01:24:31,909

and share as you see fit well that's

1999

01:24:36,279 --> 01:24:34,429

going to do it for this episode do stick

2000

01:24:39,699 --> 01:24:36,289

around I have some good ones coming up

2001

01:24:41,740 --> 01:24:39,709

until next time take care and bye for